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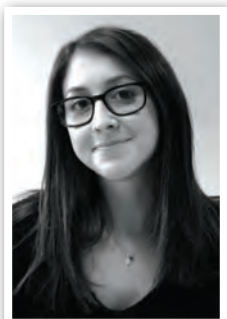
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# VERTU

HANDMADE IN ENGLAND



# From the editor



“**T**here are few professions on earth which offer such a privileged insight into the behaviour of the human species than that of a housekeeper,” says Gavin Haines. “For they are the first people to enter hotel rooms after guests have left, and, if there’s one thing we know, it’s that nothing brings out a person’s true colours like staying in a hotel.” As we all pack up and

head for warmer climes, just be careful what you leave behind. From wads of cash to Rolex watches, you’ll be amazed (p. 14).

As the British fashion industry celebrates another successful men’s showcase in the form of London Collections: Men, Gabrielle Lane joins model-of-the-moment Oliver Cheshire on set (p. 50), before catching up with Roksanda Ilincic as she opens her flagship boutique on Mount Street (p. 64). Elsewhere, Elle Macpherson, Holly Fulton and Caroline Issa name their hero summer beauty products (p. 72) and entrepreneur, hotelier, and all-round superwoman Priya Paul gives me some very simple, yet sage advice (p. 80): “You balance family and work because both are equally important for your fulfilment. But my rule is this: every day can’t be perfect; you can’t have a balance every day. Just keep that in mind... and you won’t get stressed out.”

From La Baume to Japan and all the way to... Soho, tick your way down our top travel wishlist (from p. 97). But be sure to see our poolside fashion story before editing your essential swimwear wardrobe (p. 56).

Lastly, nothing says summer like watching tennis on the lawn: following the birth of his bouncing twin baby boys, we share a Moët-fuelled toast with seven-time Wimbledon champion Roger Federer (p. 18). Cheers!

*Kari Rosenberg*  
Editor

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Make A Splash (p. 56)

Photography by Phillip Waterman  
Styling by Jess Stebbings

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## VANTAGE

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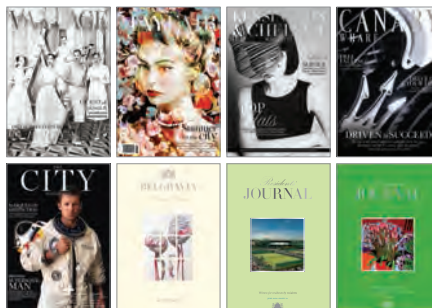


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*Across the Tundra* by Alexandra Harper Millinery,  
alexandraharpermillinery.com  
Photography by Jenny Brough  
**Model:** Mila from Select Model Management  
**Make-up:** Anne-Marie Lawson for AOFM Pro  
**Hair:** Inese Gertnere for AOFM Pro







# Turning HEADS

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It's time to ditch the fascinators and join the hat brigade, says *Olivia Sharpe*

---

**O**nce upon a time, hats were part of the everyday uniform of high society, but today they make their appearance at just a few social occasions in the annual calendar, most notably Royal Ascot. Some of the more sartorially challenged among us might say 'thank goodness', but this would be ignoring the great millinery talent which is at large in our fashion capital. Whether it's old hats Philip Treacy, Stephen Jones, Victoria Grant and Louis Mariette or relative newcomers Alexandra Harper, Jane Taylor and Noel Stewart, they have each shown us that hats are not just for the Duchess of Cambridge's of this world, but are universal, as highlighted by their recent re-emergence on the catwalk. We take our hats off to the millinery geniuses who are currently having their moment in London. May they reign on. ●

---





## TAKE FOR GRANTED

Victoria Grant would be the first to admit that her hats are a little on the eccentric side. After all, as she tells me, grinning, “that’s what all the fun is about”. Like any true milliner, Victoria believes that no outfit can really be complete without the inclusion of a hat. “Hats are the crown to any look. You can be expressive and dramatic or sculptured and tailored. They inject an element of frisson and style.”

It is no wonder, then, that her expressive and imaginative designs have become favoured by such style divas as Beyoncé, who wore the milliner’s Dark Horse beaded top hat for her sell-out Mrs Carter World Tour.

Victoria is constantly kept busy, as she is currently poised for any last minute requests on the eve of the

biggest event in any milliner’s calendar, Royal Ascot. In the lead up to this, her pieces have been on display in Harrods as part of its Millinery Weekend.

Victoria is also honoured to have been invited to be the official hat designer and Guest of Honour on Ladies Day at the Dallas Burston Polo Club in June. Finally, Victoria is in the process of designing an entire Madhatter’s Suite for the new Hix Town House which is set to open later this year. And yet, despite her busy schedule, she still has time to enjoy the simpler pleasures in life: “Each morning I walk around the Serpentine to grab a small moment of peace before the high-speed day kicks off.”

[victoriagrants.co.uk](http://victoriagrants.co.uk)



Top left:  
Hemmingway hat; Black Russian hat  
Above:  
Photography by Matilda Temperley

## HAVE YOU MET MR JONES?



From left:  
Blossom; Betty; Rhythm; all part of the S/S14 Carte Blanche collection,  
Stephen Jones

“When I first started, there seemed to be far fewer milliners. Hats were viewed as stodgy and a bit of an anachronism. I hope Vivienne Westwood and I have helped to change that perception,” comments Stephen Jones. The milliner has certainly done that. The Cheshire-born lad never knew he wanted to be a milliner but fell into it when studying at Saint Martin’s School of Art. While this may appear to have been accidental, the fashion industry would more likely argue that it was fate. Jones’s pieces extend far beyond mere headpieces but are instead collectable works of art which have been exhibited in London’s V&A, the Metropolitan Museum of Art in New York and The Louvre in Paris.

Jones has always been one step ahead of the game with his numerous projects which constantly strive (and succeed) to push the millinery



industry forward. Among these is a hat competition for this year’s Royal Ascot in association with Coworth Park Hotel. For Jones, Ascot represents the pinnacle social occasion in the British calendar: “As it did in the 1700s, Ascot has captured the public’s imagination with the horses and the fashion, or this idea of the good life. It’s one of Britain’s most colourful celebrations.” A big supporter of emerging talent, Jones is once again curating the Headonism British Fashion Council initiative this



## THE MAD HATTER

"It's an identity. You could compare it to a masquerade; the idea of putting on a different identity and a persona. It causes a bit of va-va-voom!"

exclaims Louis Mariette. In person, the larger than life milliner is just as bold, daring and outrageous as the hats he creates. Louis proudly states that he's never conformed to the norm when it comes to his creations and as a result, the woman who wears a Louis Mariette headpiece is one who stands out from the crowd. "I don't use standard millinery fabrics and trimmings, so generally people come to me because they're looking for something different."

One such woman is Anneka Tanaka-Svenska, for whom Louis has created a show-stopping hat for this year's Royal Ascot. For him, Ascot is just as much "a celebration for milliners" as it is a sporting event: "There's such a wonderful sea of people wearing hats. It's millinery heaven." Like his hats, there's much more to Louis than meets the eye; his latest Tribal Instinct collection was inspired by the milliner's African roots (he was born in Malawi) and paints a dark picture of some of the tribal communities which have

been threatened. Louis is also vice president of The Children's Trust, the UK's leading charity for children with brain injuries.

Although Louis admits he's not much of a hat-wearer himself, he does believe there's one to suit everyone: "It doesn't matter what your skin colour, size or age is. It's about restoring the confidence and the excitement of wearing a hat."

[louismariette.com](http://louismariette.com)

Photography by Stuart Weston

year, supported by Royal Ascot. Last month saw the launch of his second perfume with Comme des Garçons, Wisteria Hysteria, which is contained within a miniature hat box. Finally, the milliner's S/S14 Carte Blanche collection is now available, along with a range of modern parasols which were showcased in the late L'Wren Scott's Spring14 collection, Takasode.

So what next? Who can say; Jones is a firm advocate for living in the moment. "I don't have any goals; I live for now."

[stephenjonesmillinery.com](http://stephenjonesmillinery.com)





# BAGGAGE RECLAIM


PHOTOGRAPHY / IAN WALSH    STYLING / BOO ATTWOOD

From wads of cash to Rolex watches, you'd be amazed what guests leave behind when they visit London's finest hotels. The ever-forgetful *Gavin Haines* takes a look through lost property

**Clockwise From Top Left:**

Etoile case in gold, £6,570, Maison Goyard, 020 7478 9900;  
18ct white gold and rose gold argyle pink marquise cut and white diamond pendant, £13,200, Calleija, 020 7499 8490;  
Grand Hotel case in black and tan, £5,055, Maison Goyard, as before;  
18ct white gold argyle pink and white diamond art deco pendant on white gold chain, £7,690, Calleija, as before;  
Credit card holder, £100, GTO London, [gtolondon.com](http://gtolondon.com).





If you want to gain a true insight into the human species, there's no point talking to an anthropologist. It's no use, either, turning to a psychotherapist or a social scientist. No, if you really want to unearth the quirks of *Homo sapiens*, talk to a chambermaid.

There are few professions on earth which offer such a privileged insight into the behaviour of the human species than that of a housekeeper. For they are the first people to enter hotel rooms after guests have left, and, if there's one thing we know, it's that nothing brings out a person's true colours like staying in a hotel.

As Andre Balazs once said: "All good hotels tend to lead people to do things they wouldn't necessarily do at home." And he should know. The renowned hotelier is behind some of America's most opulent haunts, including Hollywood's Chateau Marmont, a legendary hangout for the rich and famous which has witnessed its fair share of licentious behaviour. Balazs' brand of luxury hotels has now extended to London, where, earlier this year, he opened the Chiltern Firehouse in Marylebone. He told the press it would be the "jet setter's home away from home". If it really is that good – and with Balazs' track record, and the buzz so far, there's no reason why it shouldn't be – and if you subscribe to his theory, it will be a place where "behind closed doors" takes on a whole new meaning.

To get an idea of the kind of things we're talking about here, you only need look in the lost property of other five-star hotels in London. For items placed here by hapless chambermaids capture mankind at its most banal and bizarre, offering a sneaky peek behind the veneer of sophistication that most guests try to uphold.

"You'd be amazed at the amount of people who leave their teeth behind," explains Jura Savage, executive housekeeper at the Threadneedles boutique hotel in the City. "It's not pleasant finding items such as dentures." But it's not as uncommon as you might think; the Capital Hotel in Kensington also has a set of gnashers in its collection. ●



**Clockwise From Top Left:**

Odin model blend shawl in black, £355, Emma J Shipley, [emmajshipley.com](http://emmajshipley.com); Handcrafted platinum and 18ct rose gold argyle pink princess cut diamond and white diamond dress ring, £11,790, Calleija, as before; Paolo Veronese by Alessandra Zamperini, £60, Thames & Hudson, [thamesandhudson.com](http://thamesandhudson.com); Vofante Real Ferrari Metal (RFM) cufflinks, £370; GTO London, as before; Roxanne high apex bra in dusk, £130, Myla, [myla.com](http://myla.com); Coffret Paris jewellery box in gold, £3870, Maison Goyard, as before; Pontos S Chronograph watch, £2,390, Maurice Lacroix, [harrods.com](http://harrods.com)

Alessandra Zamperini

PAOLO V





“Chateau Marmont, a legendary hangout, has witnessed its fair share of licentious behaviour”

- “As yet, these remain unclaimed,” says Justyna Skrzynecka, executive head housekeeper. While it remains a mystery as to how guests can leave without their teeth, there have been bigger mysteries at the Threadneedles. “The team once found a large sum of money,” says Savage. “When they tried to contact the guests that had been staying in the room, they were not interested in the return of the money, which was rather unusual.”

It certainly sounds shady, but that’s nothing compared to what allegedly goes on at the InterContinental Hotel. According to housekeeping at the plush Park Lane establishment, when Lady Gaga last stayed there, she left the bath full of what appeared to be blood. The claret liquid, a maid told the press, was purported to have been used by the star as “part of a satanic ritual”.

Aside from more prosaic items such as wallets, keys and socks, chambermaids say adult toys are amongst the most frequently forgotten items. Housekeepers find them under beds and inside drawers, but sometimes they don’t find them at all – and that’s a problem for the next guest. In fact, there’s an online review of a luxury boutique hotel in London (which shall remain nameless), detailing one guest’s encounter with the previous occupant’s, shall we say, misplaced item. This would be a shock at the best of times, but particularly if you happened to be looking for the Old Testament.

That wouldn’t have happened on David Smith’s watch. The general manager at the Portobello Hotel in Notting Hill was formerly executive housekeeper at the Park Plaza County Hall in South Bank. When guests had checked out, he scoured every inch of the rooms for items that were, well, of a more personal nature.

“There was one guest who left a blow-up doll sitting in his empty bed,” he told the *Daily Mail*. “The same guest returned two weeks later and left another one.”

Assuming guests manage to check out of London’s hotels with all their personal belongings, they still have to run the gauntlet of the capital’s transport infrastructure without mislaying anything strange. And it’s surprising the amount of visitors who struggle with this. Many a London cabbie has found something odd on their backseat and they end up in the same place as all other items misplaced on London transport – a lost property office in Baker Street.

At first glance it looks like a museum, the work of an eccentric hoarder, perhaps. Most of the belongings don’t warrant a second look – umbrellas, gloves and mobile phones – although the sheer quantity of them is startling. Last year alone, 246,249 belongings were handed in.

What is genuinely surprising, though, is some of

the stuff that finds its way into this Aladdin’s cave of personal belongings. It beggars belief. “We’ve had two urns of human ashes handed in, a parachute, a live organ-donation transport box (without organs) and a wedding ring, which was lost on the day before the wedding,” explains Tamara Salhab, of Transport for London. “We also had a set of breast implants, a pair of size 17 shoes and a model puffer fish.”

Weird though they are, these items excite the imagination and reveal more about that most eccentric of creatures, the human being. Sometimes they leave more questions than answers; really, what was someone doing in a cab with a puffer fish? We can but surmise. However, one thing’s for certain; hotel rooms will never look the same again. ■

## LOST IN TRANSLATION

An anonymous survey by the social network, Reddit, asked housekeepers to reveal the weirdest things they’ve found in hotels. It got more than 6,000 responses and here are some of the most peculiar:

- ★ A chambermaid in the US claimed to have found a goat dressed up as Abraham Lincoln when she was clearing up after a stag do
- ★ Another claimed one of their guests glued the entire contents of the room onto the ceiling, as per Roald Dahl’s *The Twits*
- ★ A guest at a US hotel was said to have re-homed some orphaned ducklings in the bathroom, but was forced to leave them for the staff to rear
- ★ Another was reported to have discovered a briefcase in a guest’s bathroom... but only while she was sitting on his toilet. He returned to get it. She was fired.



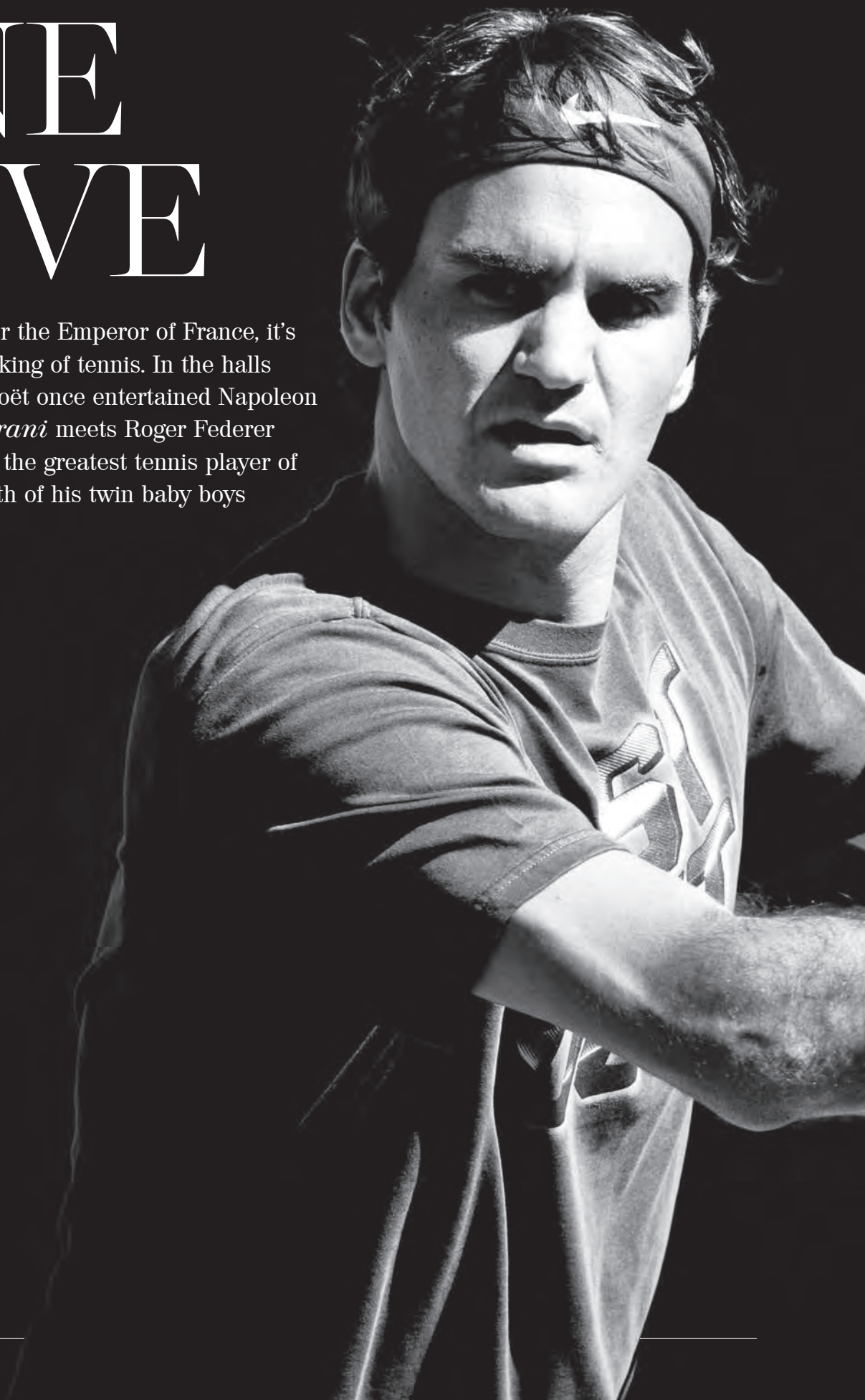
Tumi Bedford  
Groom Train  
Case, £1,995  
211 Regent  
Street, W1B,  
uk.tumi.com



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# ONE LOVE

If it's good enough for the Emperor of France, it's good enough for the king of tennis. In the halls where Jean-Rémy Moët once entertained Napoleon Bonaparte, *Zain Hirani* meets Roger Federer and raises a glass to the greatest tennis player of our time, and the birth of his twin baby boys







A 17-time Grand Slam winner, Roger Federer has conquered the world of tennis. You don't need to be a student of the sport to appreciate what he brings to the game; spectators enjoy a rare cocktail of elegant, beautiful play blended with consistency and precision. Since he defeated Pete Sampras in the fourth round of Wimbledon in 2001, a performance he describes as his "most emotional moment on court", he has been a dominant force in tennis. A calm energy translated into a fluid and effortless style and, almost 13 years since that famous victory, he sits in the top four of the ATP rankings, still smashing and volleying in the fight for titles.

Dressed in a smart blue suit and white shirt, the Federer brand is immediately recognisable: classic, smart and grounded without a scent of extravagance. He is here in Épernay for the launch of Moët & Chandon's 2006 Vintage Champagne and the opening of the fine-dining pop-up at the Orangerie on the Moët & Chandon estate. It is clear why he was chosen to follow Scarlett Johansson as brand ambassador: 2006, in which he reached the final of all four Grand Slams – and won three – was arguably Federer's finest year.

In fact, Federer has plenty of reasons to raise a glass. The list of his achievements is extensive but most recently it's the birth of his second pair of twins, Leo and Lenny, in May (following the birth of twin girls in 2009) that has dominated headlines. It is quite a feat, but not as unusual as you'd think, according to Federer. Three years ●





ago at the US Open, Stéphane Houdet, a Frenchman on the wheelchair tennis circuit, told Federer that he had two sets of twins. Federer replied: “That’s nice! We’ll probably never have that”. Two years later, he’s joining Houdet in a rather unique group in men’s tennis.

Fatherhood has clearly had a profound effect on Federer. “Of course I’ve changed as a person. It was seeing myself as a parent that changed me. I have two clocks, my schedule and their schedule.” And now, from “holding babies and changing diapers”, his thoughts have sped forwards to their education, “much faster than I thought they would”.

With a world-class team around him, now including six time Grand Slam champion Stefan Edberg, having four kids under the age of five has not thrown out his preparation schedule too much. “I’ve been able to train hard for the last few months. I had a lot of catching up to do from last year when I had a bad back. I had to get myself back into perfect shape and, for the last month or two I have been 100 per cent”. That’s exciting news for any tennis fan, and probably the last thing many of his competitors want to hear. There is still hunger for victory in his eyes, which gives him a great chance to add another Grand Slam to his already overflowing trophy cabinet.

Federer is benefiting from the expert advice and experience of Edberg and the extra “controlled aggression” that he brings to his game. “He has been my inspiration, my idol, for so many years. When I called him I was sure he was going to say ‘no’; he has his own life. I am so happy that I can spend so much time with him and it’s very motivating to see Stefan really excited about my game.”

In recent years, a truly great generation of male tennis players has emerged, one in which every player in the top ten can challenge for Grand Slam titles. “In this day and age you can’t wait for the other guy to miss; you have to take the game to him.” The competition is great from the fans’ point of view, but for Federer, it’s fantastic that the legends are still part of the game. Injuries have taken their toll, though, and with a punishing tour schedule and the race to the ATP World Tour Finals to contend with, Federer has had to make sacrifices. “Before I had mononucleosis and glandular fever in 2008, I [enjoyed] sports, like skiing, soccer, squash and basketball. But I pushed them all aside because I didn’t want to get injured and I needed to save energy for playing tennis. It also became about time management; how can we have the best time and the most fun on tour with the kids? It’s 4pm now; what are they doing? They are out in this nice weather, enjoying the parks. Then they’ll come back, have dinner and a bath and we’ll read a story.”

So far he seems too perfect, too prepared; but what did I expect? The RF brand has been built up during a 16-year career and the calm facade is broken only infrequently by what he calls “the happy cry”. He defines it as “the moment when I am so happy and emotional that I can’t control myself and I start to cry”. What you see is really what you get. Federer seems to be a normal guy, but one who just happens to be the greatest tennis player of all time.

When he was ten years old he was playing tennis against 15-year-olds as a junior whereas I was terrorising my parents and getting beaten up by my little brother. Here we find the essence of the man; that deep-rooted will to win, the guy who will go for the shot just because he wants to or it feels right. Of the current crop of top players he most enjoys watching those with character, those “who are not afraid to hit the low percentage shots”, like Gael Monfils. Federer might be battling with a new generation of tennis players but he learnt his trade from past masters; from Sampras, Agassi, Edberg and Becker.

Looking back, Federer has no regrets, not even missing the National Swiss Junior Tennis Championships because he wanted to go on a school skiing holiday. But for someone who has won everything, what keeps him going? “Love for the game. I want to be successful and I like life on the road. I like to have it all with my family because it will be over before I know it. I remember the days when I was playing on Court 18 and nobody cared about the young guy over there. Now I can play on Centre Court, in front of 15,000 people. I don’t have to prove myself anymore and I can play the tournaments I want to play. That way I keep the fire burning and I really want to win. That has not changed even though I have had four kids and a lot of success.”



“I have never had that feeling in the morning that I don’t want to train, and when that moment comes you know your time is up. So I am happy how much I actually still enjoy tennis after so many years”.

But what does the future hold for when that day finally comes? “I’m looking forward to having a more settled life in Switzerland. To some degree I will always want to travel, be it for business, tennis or for sponsors. Some sponsorship may exceed my playing days so it will be nice to stay involved with them. I want to be more active and do more trips for my foundation in South Africa, which I can’t really do right now with my touring schedule. So there will be a lot of things I want to do, but in the beginning I will settle down, be at home with my family and enjoy that time the most.” ■

Roger Federer is the global brand ambassador for Moët & Chandon. Tables at Moët & Chandon’s pop-up LE & at the Orangerie are €450 per person, available every Monday until 9 July, [moet.com](http://moet.com)





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**WISH** *list*  
—

## AFTER EIGHT

For the house of Dior, eight is a very lucky number, representing the opening day of its first couture house (8 October 1946); the eponymous designer's Avenue Montaigne address in the eighth arrondissement of Paris; and the name of its debut couture collection, En Huit. So it was only fitting that the first ceramic timepiece created by the house would feature the numeric symbol VIII. Previewed at Baselworld, the new Dior VIII Montaigne watch collection marks one of the biggest from the brand this year and it will be available towards the end of July. Prices start from £2,350 and come in three different sizes – 25mm, 32mm or 36mm – as well as in a selection of metals, including stainless steel and pink gold.

**Dior VIII Montaigne collection,  
launching end of July; [dior.com](http://dior.com)**



# JEWELLERY NEWS



## FLY ON THE WALL

Nick Knight's SHOWstudio on Motcomb Street has been transformed into a weird and wonderful chamber of curiosities as it plays host to contemporary jewellery designer Shaun Leane's new exhibition until the end of August. Notable works from the avant-garde designer include his very first creation, a finely crafted single diamond tusk earring which was first seen on Alexander McQueen's catwalk in 1994, not to mention a whimsical 22-karat gold jewel beetle brooch. Each bespoke piece has been thoughtfully paired with a piece of art, fashion item or natural history specimen; a butterfly brooch sits next to an original Damien Hirst painting, for example, while an elaborate pair of feather hoop earrings is being shown alongside a Philip Treacy hat.

Until 29 August  
 Nick Knight SHOWstudio  
 19 Motcomb Street, SW1X  
[showstudio.com](http://showstudio.com)  
[shaunleane.com](http://shaunleane.com)



## RARE JEWELS

This year marks the 10th anniversary of Graff Diamonds' Monaco Rare Jewels Exhibition; held at Hôtel de Paris from 29 July to 17 August, the annual event will once again present the house's very finest luxury jewels and watches. Those of you who had the misfortune to miss this year's Baselworld will be given another opportunity to see the most talked-about piece of the entire show; Graff's multi-coloured diamond Hallucination watch, which broke the record for the most expensive timepiece ever created (at £33 million). Other remarkable pieces on display from the Graff Jewels collection will include stunning tiaras, opulent brooches and elegant Alice bands, along with timepieces from the Luxury Watches collection.

Graff Diamonds' Monaco Rare Jewels exhibition  
 29 July - 17 August  
[graffdiamonds.com](http://graffdiamonds.com)

## CUTTING EDGE

On a flying visit to London before the Vegas Couture Show, Texan-based jeweller Emily Armenta, whose eponymous jewellery brand launched 12 years ago, presented her latest collection. Incorporating ancient techniques such as micromosaic and stone layering, each piece within the new collection tells an intriguing story:

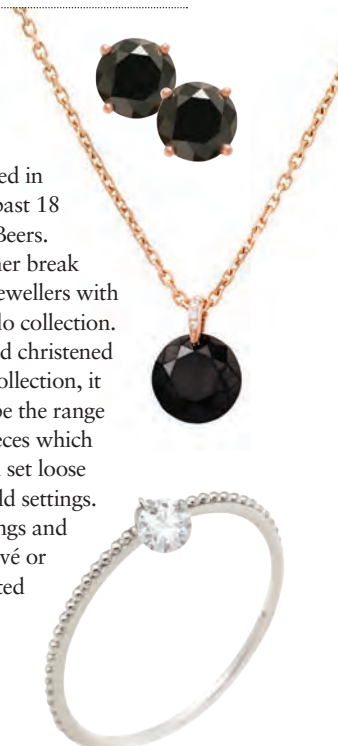
*"As with all my collections, I've tried to bring a piece of history forward and make it relevant to today. The new collection was inspired by the Spanish poet Federico Garcia Lorca and his vision of 'duende', which is essentially the powerful beauty of life"*

- EMILY ARMENTA



## SET FREE

Parisian-born Raphaelle Canot's CV is certainly impressive, having worked in jewellery design for the past 18 years at Cartier and De Beers. This May saw the designer break free from these historic jewellers with the launch of her first solo collection. Comprising 30 pieces and christened the Set Free Diamonds collection, it is aptly named to describe the range of wearable diamond pieces which have, quite literally, been set loose from their traditional gold settings. Pieces include delicate rings and mini hoop earrings in pavé or adorned gold, and revisited solitaire pendants.



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[raphaelecanot.com](http://raphaelecanot.com)

[armentacollection.com](http://armentacollection.com)



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# Deep Blue Sea

This June saw British jeweller Boodles unveil its new high jewellery collection, Ocean of Dreams, and it has already made quite a splash, reports *Olivia Sharpe*





British heritage jeweller Boodles has never actively sought out fame; however, being the creator of some of the most exquisite pieces of fine jewellery, it is only natural that on occasion it is in the limelight. One such example of this was just a few months ago when Channel 4 decided to go undercover at the 215-year-old British jewellery house in an exclusive documentary, *The Million Pound Necklace: Inside Boodles*.

In a fascinating fly-on-the-wall exposé, the documentary revealed the work that goes into creating some of Boodles' most celebrated suites, in particular the Greenfire emerald necklace, which is part of the most valuable set of jewels ever made by the house and is currently valued at £2.8 million. The show took us on a journey explaining how these precious gems are sourced before they are then entrusted to the design team in the firm's UK-based jewellery workshops and transformed into wearable works of art.

Three months later, Boodles has returned with a new collection of unique, design-led creations. Ocean of Dreams is a couture collection of 11 one-off high jewellery pieces inspired by the mystery and magic of the underwater world. Nicholas Wainwright, the chairman and creative director of Boodles, tells me how he fell in love with the concept as soon as his head designer Rebecca Hawkins pitched it to him: "It's easy to see why the ocean has been the inspiration behind so many designs in the past; it's so captivating and entices you with its elements of mystery." ♦







● Each suite, ranging from Atlantic Blue to Mermaid's Tale, paints a whimsical picture of the ocean through its combination of diamond and coloured stones with delicate and intricate design motifs. Nicholas explains: "Dolphins' Serenade, for instance, captures a series of dolphins' fins as they emerge above the water by using marquise diamonds surrounded by smaller pavé set diamonds, while the Sea Star suite uses a more obvious pink and white diamond encrusted starfish motif."

At the unveiling of the collection at The Savoy last month, co-designer Lorna Shaw explained how the process of designing the collection, which took a total of two years, began with creating the Atlantic Blue Suite; featuring incandescent Paraiba Tourmalines, which has become somewhat of a trademark stone of the jewellery house, these were used to capture the ocean's mesmerizing waters. For Shaw, this particular suite sums up the entire collection with its vibrant colour and intricate design. The majority of the stones, including the Paraiba Tourmalines, were sourced two years ago in Basel and in the case of the Ocean Moon set, which features an array of sapphires, chalcedony and aquamarines, the design was centered on the stones themselves. Similarly, Pastel Reef pays tribute to the wealth of flora found in coral reefs through its combination of aquamarines, tsavorite, pink and yellow sapphires, and green and yellow beryls with diamonds, and in Deep Sea Treasure, freshwater pearls are used to depict the rare natural treasures which can be unearthed from the depths of the sea.

However, this was not the case for all the pieces. In Mermaid's Tale, for example, chairman Nicholas comments how it was the design which came first: "This suite has been inspired by the most mythical of sea creatures and the way in which different elements of the mermaid subtly surface as you carefully inspect the cuff." It features swirls of diamonds and platinum evoking the ripples that remain on the water after a

vision of the sea maidens. Indeed, every single design tells its own enchanting story which goes beyond the wearer's wildest dreams. While the design-led pieces are undoubtedly the most spectacular, Shaw predicts that the simplicity of the Dolphins' Serenade, which includes classic drop diamond earrings made up of fin-shaped sections, will prove the most popular among clients.

Nicholas Wainwright has worked at Boodles for more than 43 years and he continues to be very much involved in all aspects of the business. He and his brother Michael (managing director) took over from their father in 1992 and Nicholas' son Jody and his nephew James Amos are joint directors, proving the age-old expression that blood is thicker than water. Those of you who watched the Channel 4 documentary will remember that it was Jody who sourced the exceptional Colombian emeralds found in the million pound suite and according to Nicholas, he has taken over "the lion's share of travelling". However, the chairman is still heavily involved in the stone sourcing process. "I was in the Far East recently and bought some fabulous emeralds and rubies and combined this with some of my duties as Honorary Consul of Thailand."

Nicholas confides that it is very much the company's plan to focus on design-led projects over the next two years and this is currently being headed up by Rebecca and her team of five world-class designers including Lorna Shaw. One of the many exciting projects in the pipeline is Boodles' first watch, launching this October. "We feel that our brand is now at the right place for the watch to really make an impact. It is something that we have always wanted to do and it was a very natural transition for us. It will be a 'jewellery' watch featuring pink and white diamonds, and mother-of-pearl... we are all very excited!"

Boodles is currently expanding its New Bond Street showroom and this is set to be completed in the spring of 2015. The flagship store will effectively double in size as it takes over premises on Albemarle Street. While Nicholas remains tight-lipped as to the surprises expected to be found in store, it is clear that still waters certainly do run deep. ■

**Ocean of Dreams is now available in Boodles' showrooms, POA**  
[boodles.com](http://boodles.com)











# Lost Tribe

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1 Stone ring, £662, Beth Orduna, farfetch.com 2 Gold-plated horn necklace, £565, Maiyet, maiyet.com 3 18-karat yellow gold oval link wood necklace set with champagne diamonds, £5,910, by Armenta at Talisman Gallery, 020 7201 8582 4 Heleni horn and bronze earrings, £270, Ashley Pittman, net-a-porter.com 5 Chalcedony, wood, leather and bronze necklace, £1,950, by Monies at Talisman Gallery, as before 6 Tula necklace, £124, Vice & Vanity, farfetch.com 7 Gold-plated, Swarovski crystal and wood necklace, £1,195, VICKISARGE, vickisarge.com 8 Horn earrings, £110, by Monies at Talisman Gallery, as before 9 Wood and gold-plated bracelet, £115, Kenneth Jay Lane, net-a-porter.com 10 Hoop earrings, £187, Onyx, farfetch.com 11 Gold-tone bar choker, £1,565, Alexander McQueen, alexandermcqueen.com 12 18-karat yellow gold and wood earrings set with boulder opals, diamonds and sapphires, £1,660, by Armenta at Talisman Gallery, as before 13 Cia earrings, Sarah Angold Studio, £350, farfetch.com 14 Shasira bone and garnet earrings, £310, Ashley Pittman, netaporter.com 15 Horn and gold-leaf cuff, £295, by Monies at Talisman Gallery, as before



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# WATCH NEWS



## BREITLING'S SPACE ODYSSEY

A month after *Vantage* took to the Gloucestershire skies with the Breitling Jet Team (an experience we've not yet come down from), the brand has announced its dedication to aviation will take it to the edge of the stratosphere next year. That's when Swiss Space Systems will be opening its first weightless ZeroG flights to the public. As the project's main partner, Breitling will provide passengers with a S3 ZeroG chronograph. Equipped with a SuperQuartz movement, it will be ten times more accurate than a standard quartz watch and act as a boarding pass for the programme's successful applicants. Registration has just opened. To apply, visit [zerog.s-3.ch](http://zerog.s-3.ch).

[breitling.com](http://breitling.com)



## LUMINOR'S LATEST INCARNATION

To celebrate the Panerai Classic Yachts Challenge reaching its tenth year, Panerai has created the Luminor Submersible 1950 3 Days Automatic Titano. This version of the iconic dive watch comes with a 47mm case and is powered by the brand's in-house P.

9000 calibre movement. If you're looking for a robust, over-sized classic, you'll do well to find better. Only 50 will be made and each will cost around £6,800. Expect to see more on the wrists of City boys than deep sea divers.

[panerai.com](http://panerai.com)



## ONE TO WATCH

Allun Michaels, store manager at Fraser Hart in Brent Cross, selects his watch of the month:

*"A legend among divers' watches is reborn as Rolex brings back a contemporary version of the Oyster Perpetual Sea-Dweller; a model created by the brand in 1967. The Sea-Dweller 4000 is waterproof to 1,220m (4000 feet) and features a Cerachrome bezel insert that is virtually scratch-proof"*

Oyster Sea-Dweller, £6,900, Rolex  
Fraser Hart, Brent Cross, 020 8732 8459  
[BrentCross@fraserhart.co.uk](mailto:BrentCross@fraserhart.co.uk)  
[@FHBrentCross](https://twitter.com/FHBrentCross)



## ARSENAL PUNT PAYS OFF

Ten minutes into the FA Cup Final and Bruno Grande must have been a nervous man. The JeanRichard Managing Director, whose brand acts as official timekeeper at Arsenal, was about to watch the one-time league hopeful's season go from a calamity to a disaster. Luckily, Aaron Ramsey stepped up in extra time to prove the sponsorship had been a masterstroke all along. JeanRichard celebrated the victory by unveiling a limited edition of its Aeroscope Chronograph (£4,400), complete with fully red dial and black titanium case. It's a young, dynamic and athletic-looking piece. Much like the team, then.

[jeanrichard.com](http://jeanrichard.com)





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# Extra Time

Even before World Cup fever swept the... erm... world, the watch industry was already getting cosy with some of the finest domestic teams. ALEX DOAK asks why the luxury sector would suddenly become so interested in a mass-market sport

**M**any moons ago, iconoclastic watchmaker Richard Mille hooked up with an obscure young tennis player called Rafael Nadal and made him a watch that cost in the region of £400,000. It was a high-tech piece; so shock-resistant that the hard-hitting rookie could wear it when he played and when he started lifting trophies, which he did at Roland Garros in 2005. Mille then made a bright, white and super-light piece for another unknown sports star – a self-taught golfer called Bubba Watson, who, sure enough, went on to win the Masters, twice, with a magnesium-cased RM038 strapped to his left wrist, still ticking despite the American’s brutal 126mph swing. “Richard just has this amazing ability to pick future superstars of sport,” attests Beatrice Giusti, Mille’s communications director for Europe. “He can sense rising talent.”

But despite his form on sports stars, the watch world was still left scratching its head when Mille announced a partnership with Manchester City FC in 2012. Sure, we’d all spotted a chunky titanium piece on Roberto Mancini’s wrist in the dug-out, but what was the sponsor of a glamorous regatta in glitzy St Barths and the highly exclusive Le Mans Classic race doing, aligning itself with an ailing Premier League team whose directors could barely afford the resulting extra-time-counter Mancini watch, let alone the fans?

The ‘Mille effect’ has indeed come to pass, however, with Man City’s fairytale victory in the Premier League this year (Mancini-less, it must be said). And, would you believe it? Chelsea, Manchester United, Arsenal and even FC Barcelona all now boast ‘official timekeeper’ partnerships; Rotary, Bulova, JeanRichard and Maurice Lacroix respectively.



Left: Manchester City FC (image courtesy of Richard Mille)  
 Clockwise from top: Robert Dreyfuss with CFC team;  
 Rotary's Chelsea watch; Parmigiani Fleurier watch

Elsewhere, just in time for the World Cup, Switzerland's virtuoso but rather gnomonic Parmigiani Fleurier aligned with the Confederação Brasileira de Futebol, releasing a version of its Pershing Yachts chronograph in the Brazilian colours (go figure). Hublot is keeping time on the World Cup as a whole, peppering the streets of Rio with oversized clocks and making friends with the legendary Pele and Roy Hodgson. Even TAG Heuer – already blessed by the visages of Leonardo DiCaprio, Cameron Diaz and Maria Sharapova – added the greased, cherubic features of Cristiano Ronaldo to its brand-ambassador roster in May, fresh from his Champions League victory with Real Madrid. Although he was back in training at the time of going to press, there was a hairy moment when competing in Rio with Portugal looked unlikely thanks to injury, which would indeed have been just as painful for TAG Heuer's marketing department.

But, for all the glamour and global exposure of this summer's World Cup, what could possibly be motivating luxury watch brands to align with a traditionally working-class sport – brands more likely to be seen adorning the hoardings of polo pitches and F1 paddocks? As you'd expect, the official line being towed by the press releases cite shared values of precision, excellence and team spirit. However, some brands are being rather more honest about the market leverage such alignments afford. "London as a global city and capital is the perfect platform for JeanRichard to welcome our clients and visitors," said JeanRichard's CEO Bruno Grande, fresh from a reassuringly impressive display of skill on the hallowed turf of the Emirates during the recent launch. "But Arsenal has a great visibility in a lot of countries; they reach all the way to an especially big following in the US and Asia. As one of the leading teams of the English Premier League [EPL]," Grande concludes, "and one of the 'best to watch' soccer clubs in the world, the Gunners were, in our opinion, the perfect fit." Apparently, the critical factor here is the global audience that the EPL enjoys – especially in the Swiss watch industry's most important market, Asia. As a recent BBC Online report attests, England gave football to the world, but nowadays a more accurate description is that England sells football to the world. A new EPL TV



deal running from 2013-16 is worth nearly £5.5 billion, and more than £2 billion of this comes from the sale of overseas rights. Thailand, Singapore, Hong Kong and Malaysia paid £650 million between them. Any Briton who has visited south east Asia will more than likely have been asked by locals whether they support Chelsea or Man United – something that invariably irritates diehard West Ham fans as much as football refuseniks.

So why do Asians love the EPL so much? As for many British businesses, the language helps. The time zone helps too; games that traditionally kick off at 3pm in England will be broadcast at primetime in south-east Asia. As traditionalist fans find to their irritation, weekend matches are even staggered to maximise both the UK and Asian TV audiences.

This popularity is good news for TV networks, but also great business for producers – luxury watchmakers and jersey manufacturers alike. As Alice Tsang, an economist for Hong Kong's Trade Development Council, attests: "Apparel such as football strips and jackets are the most popular items among the fans in Hong Kong. Apart from fashion items, a number of traditional English football clubs such as Arsenal and Liverpool have even set up lucrative soccer schools in Hong Kong and China respectively." Tsang cites the rising middle-class income and purchasing power in the East as reasons for making higher priced football-related merchandise, such as luxury watches, a more viable commercial proposition nowadays. "Also," she says, "by manufacturing one-of-a-kind, long-lasting memorial watches for historic football teams, it reinforces the Swiss brands' prestigious image for far longer than this season's home strip."

Whether the trend as a whole proves to be as durable as the watches themselves is yet to be seen. But given younger fans' slavish devotion to their favourite players, a newfound passion for Swiss watches among footballing fans worldwide may be here to stay. Watch this space. ■





Heath spotted orchids and grasses – Watercolour, graphite and ink on Arches 640 gsm paper 102 x 124 cm

## Exhibition

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# LOCAL UPDATE

Covering the whole of north west London







## A FOLK OPERA OFFERING

Classic 1935 folk opera *Porgy and Bess* is next on the Regent's Park Open Air Theatre schedule. With music and lyrics from the Gershwin brothers, spend a sunny evening (fingers crossed) being entertained by the talented Rufus Bonds Jr and Nicola Hughes, who revisits the role of Bess following her Olivier nominated performance in 2006.

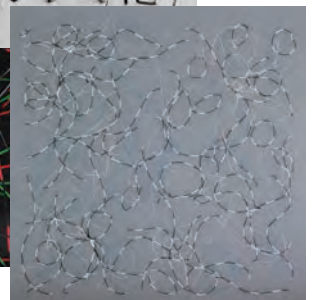
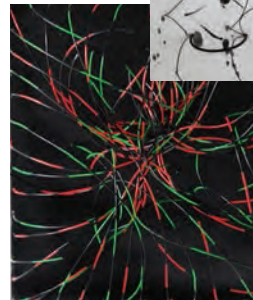
The mid-summer season also features performances of *Twelfth Night* and *Hobson's Choice*, before concluding with the 2013 critically acclaimed production of Harper Lee's *To Kill A Mockingbird*, adapted by Christopher Sergel.

17 July – 23 August  
Inner Circle, NW1  
[openairtheatre.com](http://openairtheatre.com)

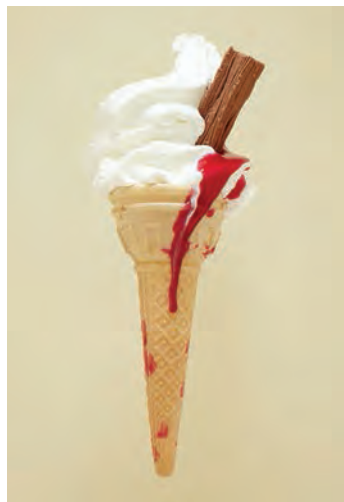
## SUTTON AND HEIDE

Ann Sutton, recognised for her innovative work in woven materials, is signalling a departure from textiles. From 3 July, visitors to the Patrick Heide contemporary art gallery can witness the artist venture into entirely new territory through experimenting with canvas and board and exploring the world of monochrome. Having been awarded several accolades over five decades, including an MBE, she is still an exciting one to watch.

3 July – 9 August  
11 Church Street, NW8  
[patrickheide.com](http://patrickheide.com)



From Left: *Wells Next to Sea* and *Crosby* by Luke Stephenson

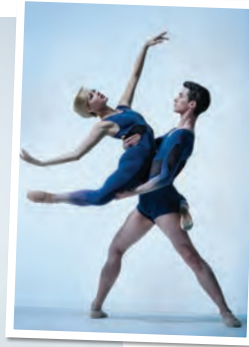


## OH I DO LIKE TO BE BESIDE THE SEASIDE...

The Photographers Gallery in Ramillies Street, famous for showcasing emerging talent, is hosting a brand new exhibition titled *Didn't We Have a Lovely Time*. Work by photographers Simon Roberts, Luke Stephenson, Nicholas Hughes, Mike Perry and John Hinde combine to include a snapshot of an English summer. Famous landmarks such as Brighton Pier, Dreamland amusement park and beautiful shots of the ocean all contribute towards the collection. Prepare to reignite those childhood memories.

11 July – 31 August  
16–18 Ramillies Street, W1F  
[thephotographersgallery.org.uk](http://thephotographersgallery.org.uk)





## PUSH THE BARRE

Following a successful debut season at the Royal Opera House, The New English Ballet Theatre's *Tryst: Devotion and Betrayal* at Sadler's Wells' Peacock Theatre merges visual art, music and dance. Enjoy *Orbital Moon*, choreographed by The Royal Ballet's

Valentino Zucchetti, with music by Philip Glass and a newly commissioned work by rising star Andrew McNicol, based on Tolstoy's novella *The Kreutzer Sonata*. *Vantage* readers can secure tickets for £20 (RRP £25) by quoting code **pedvan**. Offer valid for performances 3-5 July, subject to availability.

Peacock Theatre, Portugal Street, WC2A  
0844 412 4300, [sadlerswells.com](http://sadlerswells.com)



## WANDERING WONDERS

Asia House will be housing a brand new exhibition on 14 July, followed by a stream of live performances.

*Artist as Nomad* is the name given to an exploration by several emerging artists, who will present an insightful week of dance-art.

Find Dr Sara Houston speaking passionately about all things dance, followed by a video installation and half an hour of live performance from multi-talented Christopher Mathews and Amaara Raheem.

14-18 July  
63 New Cavendish Street, W1G  
[asiahouse.org](http://asiahouse.org)



## STREETS AHEAD

You can forget the daily trauma of dodging central London traffic this month. The Summer Streets scheme, in partnership with the Mayor of London, will once again see the West End become a traffic free zone every Sunday in July from 12-6pm. A whopping 1.9 million people turned up for last year's event, entertaining themselves with free exercise classes, games and various catwalk shows throughout the day.

[regentstreetonline.com](http://regentstreetonline.com)

## SONS OF ATLAS

Feed your inner rebel with a rare insight into 1960s biker culture at the Atlas Gallery.

After spending four enthralling years photographing the Chicago Outlaws Motorcycle Club, the young Danny Lyon immersed himself completely in the lives and culture, documenting the long distance rides, races and gatherings. *The Bikeriders* exhibition features 40 modern prints and coincides with a reissue of his book of the same name, which paints a picture of life on the inside through interviews and narrative.

Until 16 August  
49 Dorset Street, W1U  
[atlasgallery.com](http://atlasgallery.com)



From Left:  
Racers 2 at  
McHenry, Illinois  
© Danny Lyon,  
Courtesy of ATLAS  
Gallery London;  
Racers 1 at  
McHenry, Illinois  
© Danny Lyon,  
Courtesy of ATLAS  
Gallery London



# State of the ART

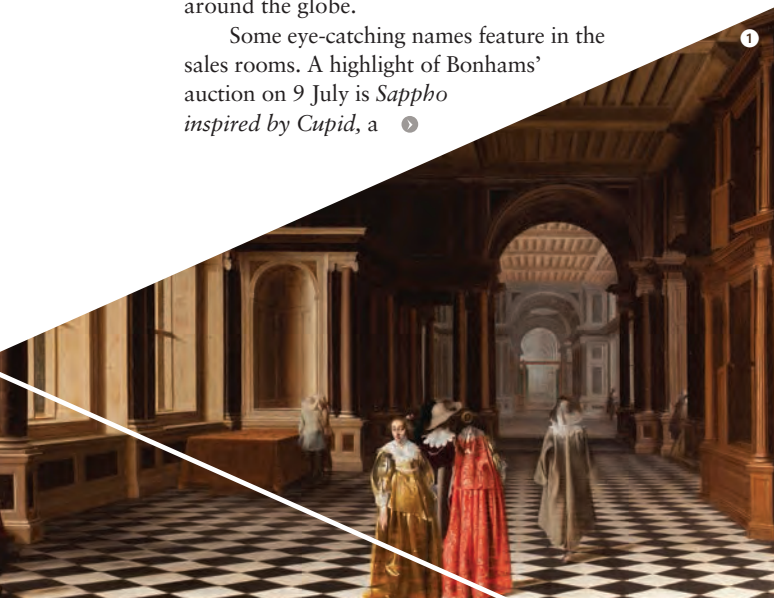
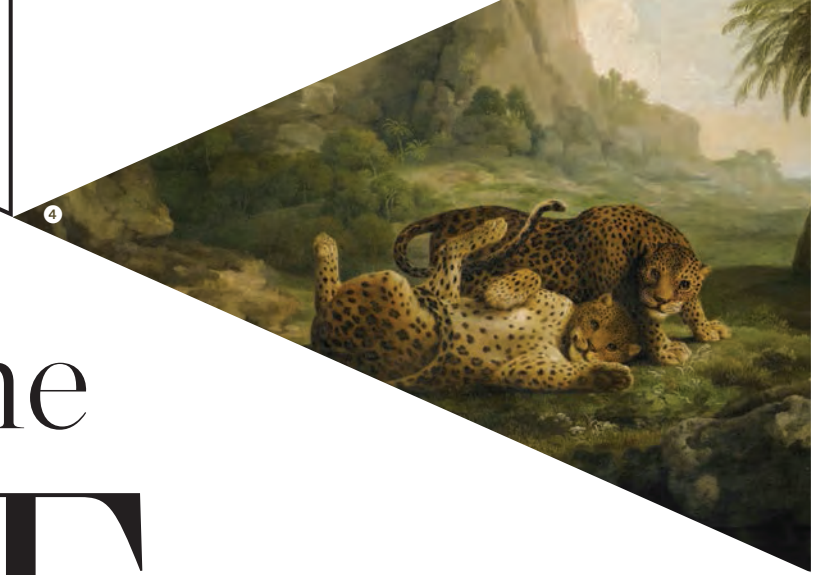
*Jack Watkins* shares his definitive guide to mastering London Art Week

**S**t James's and Mayfair's concentration of galleries, auction houses and related art services is a unique and relatively little-appreciated aspect of London. Christie's, the oldest fine art auctioneer in the world and situated in King Street since 1823, is one of several businesses clustered on both sides of Piccadilly that have helped establish the area as the largest art market in the world.

Yet at a time when concerns have been voiced about the effects of rising rents, and competition from fashion retailers forcing out some of the smaller practitioners, London Art Week is quickly establishing itself as an important date in the calendar. It is a key opportunity to savour the rich diversity of fine art on offer from the fifteenth to the twentieth centuries.

The event was staged for the first time in 2013, and this year brings together fifty specialist dealers in oil paintings, watercolours, drawings and sculpture, as well as three auction houses: Sotheby's, Bonhams and Christie's. Each exhibitor will open its doors for special exhibitions and other events in their respective galleries, attracting collectors, curators and enthusiasts from around the globe.

Some eye-catching names feature in the sales rooms. A highlight of Bonhams' auction on 9 July is *Sappho inspired by Cupid*, a

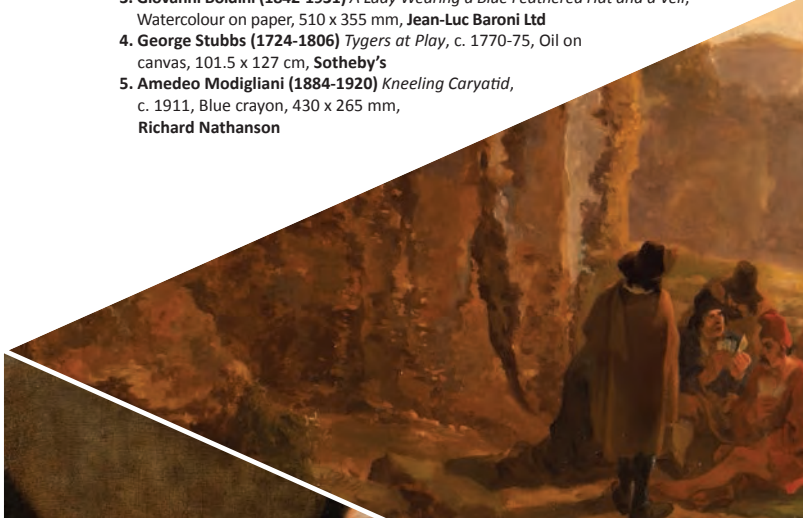


6. Alfred Sisley (1839-1899) *The Cliffs at Langland Bay, Wales*, 1897; pastel, 289 x 365 mm, **Stephen Ongpin Fine Art**  
 7. Jusepe de Ribera (1591-1652) *The Philosopher Thales*, Oil on canvas, 127 x 94 cm, **Sphinx Fine Art**  
 8. Jan Both (1615-1652) *Italianate Landscape with a Ruin*, Oil on panel, 55.6 x 43 cm, **Fergus Hall Master Paintings**  
 9. Jacopo Chimenti (1551-1640) *The Penitent Saint Jerome*, Oil on canvas, 160 x 115 cm, **Piacenti Art Gallery**





1. Pieter Willemsz van der Stock (1592-1670) & Willem Cornelisz Duyster (1599-1635) Dutch School, *Elegant Figures in a Classical Colonnaded Gallery*, Oil on canvas, 101 x 152 cm, **Rafael Valls Ltd**
2. Jean-Honoré Fragonard (1732-1806) *Sappho and Cupid*, undated Oil on canvas, 63 x 54.8 cm (oval), **Bonhams**
3. Giovanni Boldini (1842-1931) *A Lady Wearing a Blue Feathered Hat and a Veil*, Watercolour on paper, 510 x 355 mm, **Jean-Luc Baroni Ltd**
4. George Stubbs (1724-1806) *Tygers at Play*, c. 1770-75, Oil on canvas, 101.5 x 127 cm, **Sotheby's**
5. Amedeo Modigliani (1884-1920) *Kneeling Caryatid*, c. 1911, Blue crayon, 430 x 265 mm, **Richard Nathanson**







13



▶ characteristically airy, pink-cheeked oil painting by the French Rococo master Jean-Honoré Fragonard. Christie's sales on 8 and 9 July will include *Venice, the Bacino di San Marco with the Piazzetta and the Doge's Palace* by Francesco Guardi (1712-1793) from the Baron Henri de Rothschild Collection, on offer for the first time in over a century. Sotheby's auctions on 9 and 10 July will include *Tygers at Play* by George Stubbs (1724-1806). Whilst titled *Tygers*, it actually depicts two leopard cubs, and is a rare example of Stubbs' big cat paintings that have appeared on the market in recent years.

In fact, many of the works exhibited during the week have architectural themes. Ippolito Caffi (1809-1866) was an Italian artist who specialised in architectural landscapes. His particular penchant was for beautifully-lit classical and oriental settings. Rome's Pantheon, which dates back to classical antiquity, and the Obelisk Fountain of the Baroque hero Gian Lorenzo Bernini form the central objects of a striking work *Rome, Piazza del Pantheon*, which is on show at the Cesare Lampronti Gallery, 44 Duke Street.

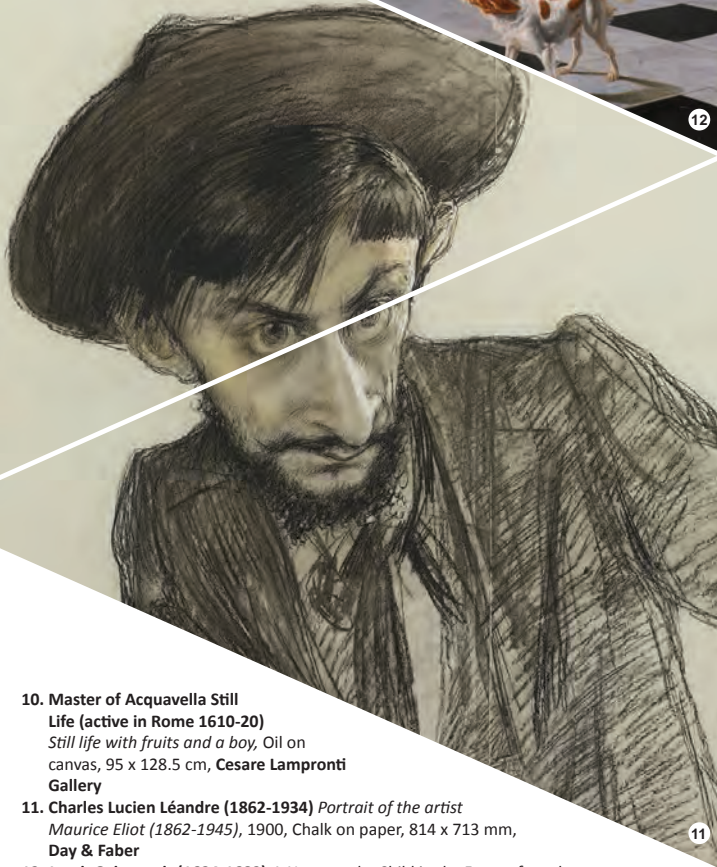
Meanwhile, Rafael Valls, 11 Duke Street, will stage an exhibition entitled *Architectural Painting: Fantasy and Reality* which will include *Elegant Figures in a Classical Colonnaded Gallery* by Pieter Willemisz van der Stock (1592/3-1650/70) and Willem Cornelisz Duyster (1599-1635). In this rare collaboration, each painter shows his particular skill to great effect: Stock in the architectural detail, and Duyster in the treatment of the fabrics.

The orderly appearance of Paris's modern day streetscape, with its long, wide boulevards, is generally attributed to Baron Haussmann who authorised the demolition of the medieval slums in the mid-19th century. But a fascinating work painted by Pierre-Antoine Demachy, painted around 1764, depicting the clearance of old buildings in front of the Louvre Colonnade, shows such schemes were being undertaken much earlier. The artist specialised in historical subjects, architectural views and ruins, and the painting is on show at Deborah Gage (Works of Art), 38 Old Bond Street.

Jan Both (c1615-1652) was a Dutch artist in the style of Claude Lorrain, credited with having introduced the Claudian landscape style to Holland. Fergus Hall Master Paintings, 42 Albemarle Street, will be unveiling the recently discovered prime version of his *Italianate landscape with a Ruin*, hitherto only known from weaker, unsigned copies.

The Spanish master Jusepe de Ribera (1591-1652), who settled in Naples and became known as "Lo Spagnoletto," excelled at character studies. The recently discovered *The Philosopher Thales*, at Sphinx Fine Art, exhibiting at Trinity House Fine Art, 50 Maddox Street, offers the opportunity for a closer perusal of his technique.

Alongside saints Ambrose, Augustine and Gregory, Saint Jerome was one of the 'Four Learned Doctors of the Early Christian Church', and a regular subject for religious paintings by the Old Masters. Leading an ascetic life in the desert, *The Penitent Saint Jerome* presents him in a typically austere setting, with dramatic lighting and a mystical intensity in the theologian's heavenward gaze. The work of



12

11

10

**10. Master of Acquavella Still**

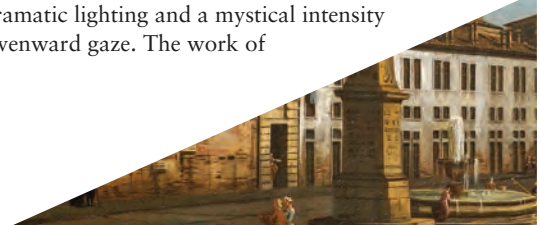
**Life (active in Rome 1610-20)**  
*Still life with fruits and a boy*, Oil on canvas, 95 x 128.5 cm, **Cesare Lampronti Gallery**

**11. Charles Lucien Léandre (1862-1934)** *Portrait of the artist Maurice Eliot (1862-1945)*, 1900, Chalk on paper, 814 x 713 mm, **Day & Faber**

**12. Jacob Ochtervelt (1634-1682)** *A Nurse and a Child in the Foyer of an elegant Townhouse*, 1663, Oil on canvas, 81.5 x 66.8 cm, **Johnny Van Haeften Ltd**

**13. Bust of a Young Woman Rome (1630-1640)** Marble, height: 32 cm without base, **Galerie Sismann**

**14. Pierre Subleyras (1699-1749)** *The Duke of Saint Aignan investing Girolamo Vaini, Prince of Cantalupe and Duke of Selci, with the insignia of a Knight of the Holy Spirit*, Oil on canvas, 50 x 40 cm, **Stair Saintry Gallery and Robilant + Voena**





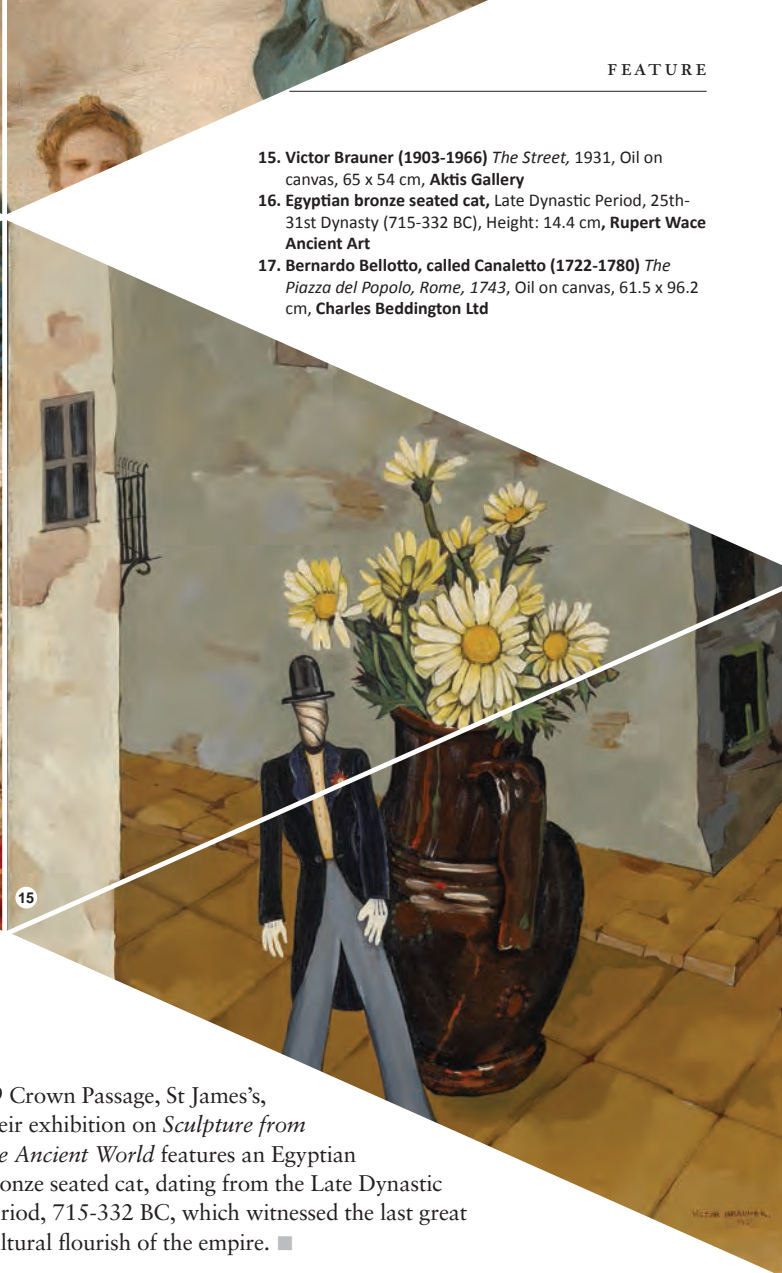


the Florentine painter Jacopo Chimenti, known as Empoli (1551-1640) can be seen at the Piacenti Art Gallery, 10 Bury Street.

Jumping forward a few centuries, the name of Giovanni Boldini (1842-1931), whose vibrant watercolour *A Lady Wearing a Blue Feathered Hat and a Veil* is at Jean-Luc Baroni, 7-8 Mason's Yard in Duke Street, is not much recalled today. However, he was an Italian who settled in Paris and became the city's most fashionable portrait painter during the Belle Epoque, enjoying a popularity which paralleled that of his friend John Singer Sargent – whose style his own resembled – in London. More familiar, though still criminally underrated, is Alfred Sisley (1839-1899) – ‘the forgotten Impressionist’. A beautiful pastel, *The Cliffs at Langland Bay, Wales*, where he was fond of staying, is featured in an exhibition on the art of pastel drawing between the 19th and 20th centuries at Stephen Ongpin Fine Art, 6 Mason's Yard, Duke Street.

Admirers of the slightly earlier Barbizon school of French painters may want to step along to Stoppenbach & Delestre, 17 Ryder Street. The delightfully intimate charcoal drawing *Le vaisselier de Gruchy*, by Jean-Francois Millet (1814-1875) was drawn in the artist's own kitchen, and is one of the highlights of an exhibition on French drawing and watercolours of the 19th and early 20th centuries.

Eye-catchingly intriguing is the chalk portrait, by Charles Lucien Leandre (1862-1934), of Maurice Eliot (1862-1945), a French lithographer who illustrated the works of Victor Hugo and Maupassant. It forms part of an exhibition *Portraits from Four Centuries* at Day & Faber, 14 Old Bond Street. But probably the oldest exhibit on view across the entire week comes courtesy of Rupert Wace Ancient Art. Based at



- 15. Victor Brauner (1903-1966) *The Street*, 1931, Oil on canvas, 65 x 54 cm, Aktis Gallery
- 16. Egyptian bronze seated cat, Late Dynastic Period, 25th-31st Dynasty (715-332 BC), Height: 14.4 cm, Rupert Wace Ancient Art
- 17. Bernardo Bellotto, called Canaletto (1722-1780) *The Piazza del Popolo, Rome*, 1743, Oil on canvas, 61.5 x 96.2 cm, Charles Beddington Ltd

19 Crown Passage, St James's, their exhibition on *Sculpture from the Ancient World* features an Egyptian bronze seated cat, dating from the Late Dynastic Period, 715-332 BC, which witnessed the last great cultural flourish of the empire. ■

**London Art Week runs 4-11 July and is a collaboration between Master Paintings Week, (supported by the Crown Estate), and Master Drawings & Sculpture Week. [londonartweek.co.uk](http://londonartweek.co.uk); [masterpaintingsweek.co.uk](http://masterpaintingsweek.co.uk); [masterdrawingsandsculptureweek.co.uk](http://masterdrawingsandsculptureweek.co.uk)**





A photograph of a bed in a bright room with a large window. The bed is covered with a grey duvet featuring a vibrant floral pattern of red, yellow, and blue flowers. A striped blanket is draped over the bed, and a green textured blanket is visible at the top right. A white pillow with a green leaf-shaped pattern is in the foreground. The window looks out onto a lush green landscape.

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WISH *list*

## BEST IN SHOE

Working nine to five in a “rich man’s game” is no mean feat, but thanks to Charlotte Olympia’s new line of killer heels, everyone will know that you mean business. The collection includes stilettos, block and kitten heels spanning three heights – depending on how adept you are at tottering around the office – and come in a sophisticated palette of burgundy, bottle green, grey, brown, black, navy and fuchsia.

Well-known for adding a touch of humour into her coveted collections, each Charlotte Olympia design comes in a briefcase-inspired shoebox which has been designed to sit underneath your desk and is paired with matching stockings. Let’s face it ladies, there’s no business like shoe business.

[charlotteolympia.com](http://charlotteolympia.com)



# STYLE UPDATE

## BAG LADY

Renamed the Lady Dior in 1996, after the late Princess of Wales who acquired the House's cross-stitched, padded leather handbag in each of its original colour ways, Dior's most iconic handbag has now been crafted in fuchsia leather, to represent a spirit of elegance – and of 'surprising reinvention'. Nevertheless its design signatures remain firmly in place – the cross-stitched design reflects the Napoléon III chairs which Christian Dior once used at his shows in 1947 and the DIOR charm glints alluringly...

Lady Dior Bag in Fuchsia Cannage Lambskin, £2,000  
[dior.com](http://dior.com)



## WATCH THIS SPACE

London-based fashion designer Thomas Tait has been named the winner of the inaugural LVMH Young Fashion Designer Prize. Dramatic shapes and clean silhouettes have become his forte and have seen him earn £250,000 as well as a year of support from the fashion powerhouse (which counts Louis Vuitton and Givenchy among its portfolio) covering marketing, production and distribution.

[lvmh.com](http://lvmh.com)

## LAGERFELD REVELS IN ST TROPEZ

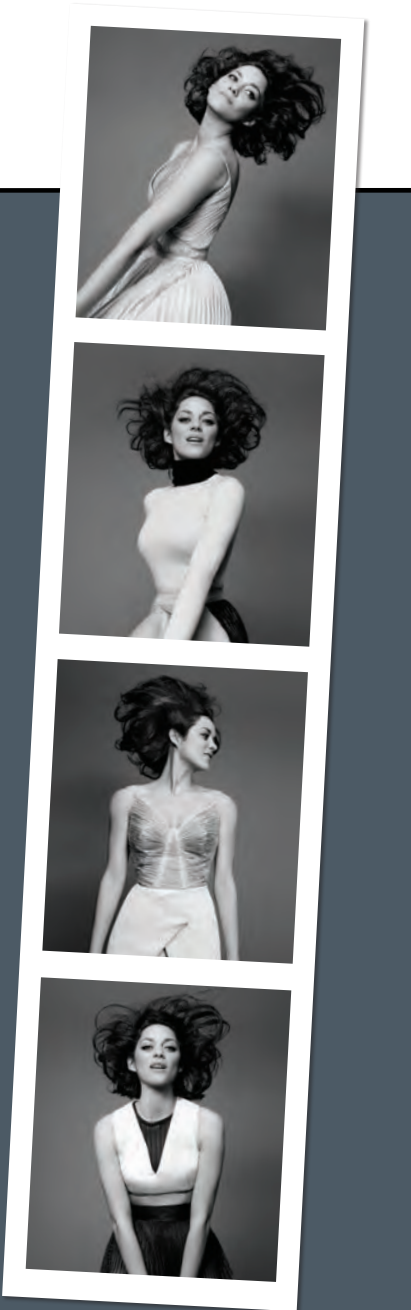
When in St Tropez, he of monochrome ensembles wears chinos. As high summer approaches, Karl Lagerfeld has been inspired to branch out into vivid blue tailoring, cream sweaters and distressed denim shirts as part of his own-

name brand. The casual attire is set to win the designer – who holds the creative director post at Chanel – even greater footfall to his Regent Street outpost; each piece in the St Tropez collection co-ordinates easily, offering a style-by-numbers approach to dressing.

145-147 Regent Street, W1







## INTRODUCING TESSIE

Any fashion fan will tell you that Mulberry amassed popularity for its staples – the Bayswater and Alexa are amongst its most famous carry-alls and satchels. So we were delighted to spy the ‘Tessie’ at Mulberry HQ. The latest bag from the British brand – finding its way to stores as we speak – Tessie comes as a small saddle-style satchel, a slouchy tote, a larger shopping bag and a clutch. Created in super-soft leather, the colour palette forsakes the brand’s more recent forays into zebra stripes and glitter, in favour of black, poppy red, oxblood and oak tones for a sophisticated finish. The price point is slightly lower than we’ve seen in recent seasons too.

From £495, [mulberry.com](http://mulberry.com)

## HELLO FENDI

Fendi’s New Bond Street store is already drawing a crowd and not just for the abundance of its baguette bags (for which there is a dedicated wall honouring the style). The three-storey flagship boasts artworks and installations including *A Million Times 72*, a kinetic construction of interconnected clocks flown in from Stockholm, while futuristic maverick Marc Newson has also contributed. Décor owes as much to travertine, the material of classical Roman sculpture, as it does to leather and bronze.

141 New Bond Street, W1S

## LOVE STRUCK



Markus Lupfer has partnered with eyewear brand Linda Farrow to produce a fun collection for A/W13. Debuting this summer, the acetate sunglasses include oversized heart-shaped lenses as well as glitter and lip-print designs, fusing quality with fashionable irreverence – if you can’t do it on holiday, when can you?

[lindafarrow.com](http://lindafarrow.com)





# Oliver Cheshire ABOUT MAN

As the British fashion industry celebrates another successful men's showcase in the form of London Collections: Men, *Gabrielle Lane* joins model-of-the-moment Oliver Cheshire on set





It's a Tuesday in May and having been given the opportunity to speak to model and rising star Oliver Cheshire just weeks ahead of London Collections: Men, we've pulled together Burberry, Gieves & Hawkes and a vintage Jaguar worth a rumoured £1million with a week's notice, taken him for lunch at the Baglioni and turned the whole thing into what 'Olly' does best: Brooding, impossibly handsome menswear shots – all chiselled cheekbones and tousled hair. He's *good*. He slinks around, catching the light, flashing the odd grin and picking through the rails of blazers and shoes. And, as the photographer suggests, it's easy.

Ten years after being scouted by Select Model Management as a 16-year-old schoolboy, Cheshire already has campaigns for Calvin Klein, D&G, Vivienne Westwood and Paul Smith under his belt, and has been the face – and torso – of both Abercrombie & Fitch and Orlebar Brown. Anyone in doubt that modelling is something you can learn to do better should watch him in action. "You do get more comfortable in front of the camera," he admits. "In the beginning, if a photographer put me 'there' [in position], I'd stay there, especially on a big shoot, but the more confident you get, the more you can bring to it."

The ability to add something extra is becoming increasingly important. The men's fashion industry in Britain was valued at £10.4billion by market research firm Mintel in 2012, and is on course to grow a further 11 per cent by 2017. Now in its fifth season, London Collections: Men continues to draw more than 130 designers and international brands to





present their latest work, as well as press and buyers from 37 countries, keen to see it. For Cheshire, this growth brings more competition – “more guys want to do modelling” – but also more opportunities. “There are a lot more shoots, and also a lot more e-commerce. Before, you could do a shoot for a magazine, now there’s a lot that are internet-based; you can end up shooting five times a week which was unheard of ten years ago.”

Success in men’s fashion is dictated by uniqueness. Aside from his razor-sharp profile, Oliver Cheshire’s preppy, clean-cut image is relevant to both runway and high street fashion and it’s something he’s aware of: “There is pressure to look your best and to be fit and healthy, otherwise you’d be doing yourself out of work,” he says, matter-of-factly. “It’s my profession to look good, be healthy and sell clothes. If a footballer didn’t train every week, he wouldn’t get picked: it’s the same thing.”

However, while his boyish good looks are serving him well as he prepares to turn 26, the future doesn’t faze him. “I think male models earn most of their money when aged between 25 and 35. Men want to see ‘men’ in fragrance campaigns; they want to buy an aftershave fronted by a man. It’s not that they just get better, but they get used more with age, in bigger ads and for bigger suit companies,” he says.

In his down-time he’ll admit that modelling might not last forever: “It’s hard to turn down work, you don’t have a fixed income obviously and you never know what’s going to come,” but the same nonchalance applies to starring in those – ever increasing – topless shots. “I do a lot of swimwear!” he laughs. “It’s flattering and it’s better that they stick me on a beach than in the rain with a big coat on.”

While he may seem generally light-hearted, those around Cheshire are tipping him for big things, ●







**THIS PAGE:**

Hand knitted argyle pattern cashmere sweater, £1295, Pringle, [pringlescotland.com](http://pringlescotland.com); Suit (trousers shown), £1,650, Dunhill, [dunhill.co.uk](http://dunhill.co.uk)

**OPPOSITE PAGE:**

Orange and brown wool jumper, £179, Paul Smith, [paulsmith.co.uk](http://paulsmith.co.uk); Oxford Shirt, £110, Paul Smith, as before; Charcoal mouliné stretch wool modern fit travel tailoring suit (trousers shown), £1,295, Burberry, [burberry.com](http://burberry.com); Wilde loafers, £445, Mr Hare, [mrhare.com](http://mrhare.com)

Beige cotton mac, £485, Paul Smith, [paulsmith.co.uk](http://paulsmith.co.uk); polo top, £80, Paul Smith, as before

**SHE WEARS:**

Black and grey checked wool blend dress, £370, Paul Smith, as before; Sunglasses, £370, DITA, [dita.com](http://dita.com)





Harrington style jacket, £932, Lou Dalton, as before; White t-shirt, £145, Sunspel, sunspel.com; Check trousers, £275, Lou Dalton, as before

MAKE-UP: CASSIE STEWARD  
 @ LHA REPRESENTS USING SIGMA BEAUTY  
 HAIR: CHARLEY MCEWEN @ CAROL HAYES  
 MANAGEMENT USING BUMBLE AND BUMBLE  
 MODEL: ANNABETH MURPHY-THOMAS  
 @ SELECT MODEL MANAGEMENT  
 PHOTOGRAPHY: DOMINIC NICHOLLS  
 PHOTOGRAPHY ASSISTANT: SAM THIRGOOD  
 STYLIST: DAVID HAWKINS @ FRANK AGENCY

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 baglionihotels.com

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 classiccarclub.co.uk

● privately comparing his appeal to that of a young Leonardo DiCaprio. And although the acting arena will surely beckon one day, it is precisely his laid-back attitude which he regards as essential to sustaining his current career path.

“You have to have a good personality because if you were on a job with someone and they were moody, you wouldn’t book them again. No one wants to go away on a shoot for five days with someone with a bad attitude, because everyone needs to chip in... you need to be able to say ‘I’ll carry the bags and photography equipment up the hill’.”

Fashion is, luckily, something he loves and understands. A style columnist for *Telegraph Men* and regularly named one of *GQ*’s best dressed, Belstaff leather jackets, Grenson shoes, Savile Row tailoring and Hackett check prints all make his ideal wardrobe. “I’ve always loved clothes and to dress well. When you’re a model you’re learning from the best. If you’re on a job with a stylist who says ‘this shape fits you well’ and ‘you look good in this’, then you know. I’ve learnt a lot in ten years; even photography-wise: now I always know where the light is. I know how to work it – *work it!*”

And with that he’s off, cooing over the Jaguar with a final, infectious laugh. ■



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£186, Melissa Odabash, odabash.com;  
Trio earrings of white diamond tiered  
earrings in 18K white gold, £20,690,  
Shamballa Jewels, shamballajewels.com;  
Canary yellow necklace (used as bracelet),  
£1,524, CARAT\*, carat.co





# Make a Splash

PHOTOGRAPHY: PHILLIP WATERMAN

STYLIST: JESS STEBBINGS







Pleated one piece swimsuit, £190,  
Heidi Klein, [heidiklein.com](http://heidiklein.com); Gwynitta  
patent shoes, £495, Christian Louboutin,  
[christianlouboutin.com](http://christianlouboutin.com); Canary yellow  
necklace, £1,524, and radiant cut ring,  
£282, both CARAT\*, as before; Sunglasses,  
£310, Cutler and Gross, [cutlerandgross.com](http://cutlerandgross.com)





One piece swimsuit, £78, Calvin Klein Swimwear, [calvinklein.com](http://calvinklein.com)  
Print jacket, £760, Holly Fulton, [hollyfulton.com](http://hollyfulton.com)  
Custard cream clutch, £995, Anya Hindmarch, [anyahindmarch.com](http://anyahindmarch.com)  
Iriza shoes, £395, Christian Louboutin, as before  
Canary yellow necklace, £1,524, and radiant cut ring, £282, CARAT\*, as before









Capri pants, £325, JC de Castelbajac,  
jc-de-castelbajac.com; Beige Jemima hat,  
£110, Melissa Odabash, as before;  
Moscow glasses, £255, Prism, 54 Chiltern  
Street, W1U; Twist bandeau top, £95, Heidi  
Klein, as before; Coral bracelet, £885,  
Frey Wille, freywille.com





English lace shirt, £495, Burberry Prorsum, [burberry.com](http://burberry.com)  
English lace cotton knickers, £295, Burberry Prorsum, as before  
Capri sunglasses, £255, Prism, as before  
White diamond tiered earrings in 18K white gold, £20,690, Shamballa Jewels, as before  
Pink bracelet, £758, Frey Wille, as before  
Coral watch, £1,841,00, Frey Wille, as before  
Flora gold clutch, £465, Wilbur and Gussie, [wilburandgussie.com](http://wilburandgussie.com)



Gem embellished lace skirt, £2,395,  
Burberry Prorsum, as before; Salinas  
bikini top, £132, Prism, as before;  
Sunglasses, £310, Cutler and Gross,  
as before; Watch, £1,522, Frey Wille,  
as before; Iriza shoes, £395,  
Christian Louboutin, as before;  
Peach coral earrings, £95, Kirsten Goss  
London, kirstengoss.com



MAKE-UP: CHARLOTTE COWEN  
HAIR: ELLIOT BSSILA @ TERRI MANDUCA FOR ERROL DOUGLAS SALON  
MODEL: FRUSZINA @ MODELS 1  
ASSISTANT: KIRAN MANE  
THANK YOU TO EALING VILLAGE POOL



# She's a RAINBOW

As Roksanda Ilincic brings bold colours and sharp tailoring to the fore with the opening of her flagship boutique, *Gabrielle Lane* talks to the designer about inspirations, achievements and passing that fashion milestone

Roksanda Ilincic S/S14  
campaign, styled by  
Venetia Scott



“With the rise of online shopping, you really have to give women a special reason to shop in store.” There’s a charming modesty about Roksanda Ilincic as she prepares for the imminent opening of her first fashion boutique in the capital. Having moved to London in 1999 to study MA Womenswear under the steely gaze of the late Louise Wilson at Central Saint Martins, the Serbian-born designer has progressed from a collection of cocktail dresses to four full clothing collections per year, a childrenswear line and a shoe collaboration with Nicholas Kirkwood. In September last year, critics declared her current spring/summer pieces as “a knockout” and her mastery of the subject “perfectly demonstrated.” Yet, she still describes the impending shop launch as an “honour”, and the sight of HRH The Duchess of Cambridge and Michelle Obama in her wares, as “flattering”. “Being able to do what I love as a job is really something that is such a privilege,” she explains.

Ilincic hopes the new boutique will add to the overall experience of those who have come to appreciate her work, a look largely defined by its modern sense of structure and paint-box colours. “I like to design by juxtaposing elements to create the unexpected. I take inspiration from various eras, but look to present them in a new way; the modern contrasted with something more classic. I am excited to finally open the doors [to a store] and meet more of my customers.”

If, as Roksanda suggests, the luxurious status of her collections was a happy byproduct of a desire to create something that people love, using high quality materials, her lack of pretentiousness could similarly be attributed to artistic passion. In the past, she’s been vocal about her admiration for other designers, including Alexander McQueen – “there was something so powerful about him, and I was really drawn to that beauty of ugliness,” – and inspired by her glamorous mother’s wardrobe. She herself has collected over 500 pieces of vintage Yves Saint Laurent clothing.

“I am such a fan of art in all its forms,” she admits. “Art inspires my collections. I took inspiration from the neo-concretist movement for my S/S14 collection and A/W14 has been inspired by artists Jessica Stockholder and Mel Bochner.”



Roksanda Ilincic  
Photography by  
Harry Carr

“The luxurious status of her collections was a happy byproduct of a desire to create something that people love”





S/S14 collection

• These starting points mean that currently we're seeing Ilincic experiment with geometric patterns and clean lines on the runway, characteristics which are also informed by her earlier studies in architecture. However, she looks beyond the physical elements – fashion is much bigger than that: “I think the way we present ourselves, whether through what we wear or what we say is all part of defining our identities. For me, fashion is a way of expressing yourself visually, and I think it is important to be as confident and comfortable possible,” she says.

What does a woman want from her designs? She pauses for a moment: “Women want to feel effortlessly stylish. They want to wear something that instantly makes them feel special and buy something they can live their busy lives in as well. I always love to see the different ways in which women wear my pieces.”

It is the designer's pure instinct for what works that has seen her succeed – “trusting my instincts and the support of my friends and family has been the most important ingredient. I take [on board] everything around me, my friends and family – but also my travels, art, architecture, books... the world,” she tells me. In the background however, lurks her enduring appreciation for London and its opportunities: It is a city she calls “creative, inspiring and free-thinking.” More candidly, in 2012 she told Louisa Stoppard of SHOWstudio: “I kept reading that all of these amazing talents were graduating from Louise Wilson's MA Womenswear course at Central Saint Martins. I thought, ‘that's no coincidence. If there is no future here in Belgrade to do fashion, let's pack my bags and go to London.’”

And so we find her living in north London and working centrally: “It is a part of the capital that I have always loved – for its architecture, its history and most of all its charm,” she says of her home. “It has been particularly exciting to see the development of Mount Street specifically as a destination, and I'm honoured to have our flagship store there.”

Beyond its opening, Ilincic is tentative about her future plans. “I honestly [have] never thought too far ahead. I just wanted to create collections that women wanted to wear, and through which they could express their own personalities. As long as women still continue to like my collections, then I will be very happy.” One imagines she must be elated. ■

**Roksanda Ilincic, 9 Mount Street, W1K**  
[roksandailincic.com](http://roksandailincic.com)





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or email [spa-london@bulgarihotels.com](mailto:spa-london@bulgarihotels.com)

*Voted 'Best British Spa' at Tatler Spa Awards 2013*

Bulgari Hotel & Residences London, 171 Knightsbridge, SW7 1DW  
[www.bulgarihotels.com/london](http://www.bulgarihotels.com/london)



# BEST OF BEAUTY

July

1. Eve Lom has released a daily sunscreen which is especially formulated to boost anti-ageing regimes. Daily Protection SPF50 targets both UVA and UVB rays and contains antioxidant vitamins C and E to minimise sun damage. Known for its effective skincare, the new addition can be used instead of a day cream to visibly firm the skin and promote collagen simultaneously.

£70, Eve Lom, [evelom.com](http://evelom.com)

2. A bright lip colour with a matte appearance and moisturising properties is the outcome of three years of research at Clinique. Long Last Soft Matte Lipsticks are enriched with a derivative of beeswax, stain-free colours include Magenta, Crimson and Peony.

£18, Clinique, [clinique.co.uk](http://clinique.co.uk)

3. Giorgio Armani has brought colour to the fore this month with its beautiful Bright Ribbon collection. The high shine and long lasting nail lacquers span six shades that are said to be inspired by a Mediterranean garden, with each accompanied by a translucent lip tint from the Rouge D'Armani Sheers range.

Nail Lacquer £20 and Rouge d'Armani Sheer, £25, Giorgio Armani, [armanibeauty.co.uk](http://armanibeauty.co.uk)

4. Summer always brings with it the arrival of niche beauty products such as Sun Care Oil Spray UVB/ UVA 30 from Clarins. The multi-tasking lightweight mist is packed with aloe vera and botanic oils, rich in fatty acids and omegas 6 and 9, which nourish the skin and hair, while the SPF content guards against burnt scalps and frizzled ends. It's on counter now.

£19, Clarins, [clarins.co.uk](http://clarins.co.uk)

5. Cased in gold bottles, crafted by Baccarat and studded with diamonds, Clive Christian has certainly made a statement of No 1, its oriental fragrance containing the world's rarest perfume ingredients. Now, 15 years after the creation of the original blend of essential oils and essences, 500 women's and 500 men's editions will be produced to mark the anniversary, using an even higher concentration of precious ingredients than usual, presented in a white lacquered bottle.

£750, Clive Christian, 020 7893 8797





# BEAUTY *UPDATE*



## WHEN LIFE GIVES YOU LEMONS...

It's that time of year when Guerlain updates its Aqua Allegoria fragrance and adds to the 31 variations which the perfume house has produced since 1999: the directive each time is to create a fresh, vibrant and cheerful scent.

For 2014, Aqua Allegoria Limon Verde is an almost drinkable blend of cachaça, cane sugar and a specific lime harvested in Mexico, overseen by Guerlain's in-house creative, Thierry Wasser, a man obsessed with gardens and botanical surprises.

From £42, [guerlain.com](http://guerlain.com)

## THE RINSE REVIVAL

One of London's most renowned hair salons, Daniel Hersheson at Harvey Nichols, has created an exclusive new colour menu to flirt with over summer. The Revival Rinse comes in six semi-permanent tones inspired by Hollywood starlets including Audrey Hepburn and Grace Kelly. Lasting ten washes, their soft hues work with both natural and coloured hair, to give your mane a matte or swish-appropriate glossy finish. Committed to beauty transformations, the salon has built its reputation on capturing the zeitgeist – sexy, 'I'm-with-the-band' and 'I'm-on-the-beach' waves were born here. The team work in pairs (one on cut, one on colour) to push boundaries.

Daniel Hersheson at Harvey Nichols, 020 7201 8797  
[danielhersheson.com](http://danielhersheson.com)



## THE RAT PACK

Hampstead-based designer Otis Batterbee has a reputation for transforming humble lifestyle accessories into statements thanks to his penchant for aged, butter-soft leather and tweed. If Batterbee had his way, wash bags would no longer be seen without chocolate brown piping, a little embossing and perhaps even a monogram or two and sleep masks would always be silk – and gorgeous. For transporting all of your bathroom cabinet essentials this summer (and his too) be sure to visit the new Otis Batterbee e-commerce website.

[otisbatterbee.com](http://otisbatterbee.com)







## THE NEW VAMPIRE FACIAL

Innocuously termed EyeRegen, the latest non-invasive anti-ageing procedure to arrive in London is not for the faint-hearted. If you thought the concept of having your own platelet-rich plasma injected into your face to promote rejuvenation was daunting, Dr Terry Loong of The Skin Energy Clinic is now using clients' own blood samples, combined with moisture-boosting hyaluronic acid, to restore the under-eye area. Thankfully, one session is said to be enough to improve the appearance of under eye bags, dark shadows and creases, but those with deep wrinkles can add mesotherapy, where the skin's natural process of repair is triggered by microscopic needle punctures.

From £650, 020 7127 8108, [drterry.com](http://drterry.com)



## TO THE RIVIERA

This July, Lancôme unveils its beauty must-haves for summer, and they include an oversized bronzer with a frosted finish and three seaside-themed limited edition tones of its Vernis in Love nail colours. Golden Riviera (gold), Nuit D'Azur (electric blue) and Marine Chic (navy) were inspired by the south of France and will be available for a limited time only. Everyone deserves a pre-holiday beauty treat.



Star Bronzer, £35 and Vernis in Love, £13, [selfridges.com](http://selfridges.com)



## ADDRESS BOOK ADDITION: NAILS & BROWS

Consider Nails & Brows to be a seriously upscale version of your local nail salon offering eyebrow threading, waxing and massages, too. Proving that the beauty is in the detail, Sherille Riley has established a smart boutique salon which offers finely-tuned services on a drop-in and by-appointment basis. Its Brow Makeover should hereafter be regarded as a mini face-lift – there isn't a wonder the impeccably-trained team can't work with some wax and a little tint.

31 Berkeley Street, W1J  
020 7499 5245, [nailsandbrows.me](http://nailsandbrows.me)





## Mariya Dykalo

*Creative director of Aspinal of London*

“I am currently obsessed with Tom Ford beauty products and religiously carry all my essentials in an Aspinal make-up case, of course. For my everyday look I use Tom Ford’s black Eye Defining Pen to achieve the perfect ‘cat eye’. Then I use a little bit of Chanel Eye Shadow in Amethyst around the eye to give a classic smoky look which is sophisticated and dramatic. I then finish up with Tom Ford Mascara in black.”

Hepburn Cosmetic Bag, £85, Aspinal of London, [aspinaloflondon.com](http://aspinaloflondon.com)



Eye Defining Pen, £42, Tom Ford, [selfridges.com](http://selfridges.com)

Extreme Mascara, £34, Tom Ford, [selfridges.com](http://selfridges.com)

Ombre Essentielle in Amethyst, £23, Chanel [chanel.com](http://chanel.com)

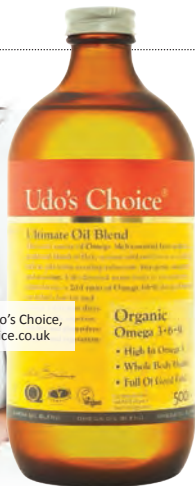


# TOOLS *of the*

Industry figures famed for their style and success tell *Gabrielle Lane*



£21.99, Udo's Choice, [udoschoice.co.uk](http://udoschoice.co.uk)



## Elle Macpherson

*Model*

“My beauty essentials are love, laughter and water – with some MAC Mineralize Skinfinish and Lip Gloss!”

Mineralize Skinfinish, £23, MAC [maccosmetics.co.uk](http://maccosmetics.co.uk)



© Featureflash



Cremesheen Glas in Pagoda, £17.50, MAC [maccosmetics.co.uk](http://maccosmetics.co.uk)

## Ruby Hammer

*Make-up artist*

“I love Udo’s Choice Ultimate Oil Blend because I believe what you put into your body is reflected in your looks. It’s unique combination of omega 3, 6 and 9 benefits your skin, nails and hair, as well as boosting your general health and wellbeing. Any man or woman wants to look and feel good and Udo’s Choice Oil will help to achieve that. I work with all sorts of models, including the Victoria’s Secret girls, and I always recommend Udo’s Choice when they ask me how I keep my looks.”





Rouge Unlimited Lipstick, from £20, Shu Uemura, shuemura.co.uk

## Caroline Issa

*Fashion editor*

“I love a red lipstick (usually by Shu Uemura in Sensual Red) because it instantly transforms your look from carefree to a bit more polished, and let’s face it – when you don’t have time to get to the salon to do your hair, a bit of red lipstick is a helpful tool!”



## Holly Fulton

*Fashion designer*

“The most essential item in my make-up bag, and potentially in my life in general, is my red lipstick. I wear a good red every day; it’s become a bit of a signature of my look and makes me feel like I can do anything. My favourite of all time is Lady Danger by MAC; I love a 1920s colour and this is the right balance of being a bluey-toned red. Never underestimate the confidence that make up can give you; I don’t feel ready without it on and it’s seen me through most of the key moments in my career thus far. It’s almost becoming a lucky charm these days; people generally don’t recognise me without it. A pale Celtic face needs a bit of an exclamation mark after all!”



Lipstick in Lady Danger, £15, MAC, maccosmetics.co.uk

# TRADE

their treasured beauty essentials



## Natasha Finch (née Rufus Isaacs)

*Co-founder of Beulah London*

“My beauty regime includes Eve Lom cleanser, Liz Earle toner and Decléor Harmonie Calm Soothing Milky Cream and Decléor Aromessence Rose D’Orient Super Serum for evenings. During the day I love Laura Mercier Foundation Primer as it gives a natural glow.”



Instant Boost Skin Tonic, £13.25, Liz Earle, lizearle.com

Aromessence Rose D’Orient Super Serum £44, Decléor, decléor.com



Ellis Faas E401, mascara, £22, Ellis Faas, net-a-porter.com

## Sarah Shotton

*Creative director of Agent Provocateur*

“As creative director it’s really important for me to represent the brand at all times and for me, being sexy always comes from having sultry dark eyes. Before I had my son I used to have all the time in the world to make myself up, but that’s just not the case anymore. I spent ages looking for a product that would give me vampy eyes quickly and that’s when I came across the Ellis Faas E401 mascara. It has a super thin brush and makes sure to separate and darken your lashes subtly rather than making them looked caked. This is essential for me because I’m a redhead and have quite light eyelashes.”





# KISSED by a ROSE

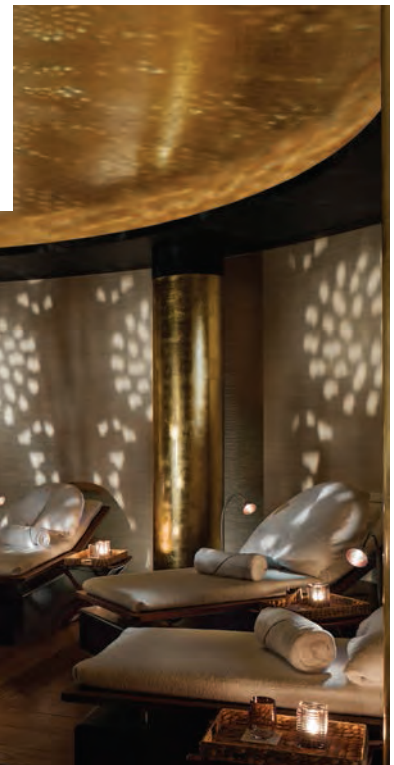
*Kari Rosenberg's*  
senses have a field day at  
Rosewood London's spa

**F**rom the trickling sound of the water features and my squeaking, wheezing slippers, to the nostalgic Professor Burp's Bubbleworks-like smell as you enter the underground chamber, I immediately smile to myself at the apt name of the new Rosewood hotel's spa; Sense. The facility itself is quite small for a Rosewood, even by central London standards; there's no pool, but the changing room is fitted with a sauna and steam room, which is placed at the pinnacle of the cross-shaped layout, forming a relaxation centre at the nucleus. The décor is all wood and bamboo – sleek and chic, but not dazzling in its opulence.

The spa menu has all the essentials, but again, isn't as extensive as you may expect – but done well, less is sometimes more. As well as the traditional massages, facials and beauty treatments, the Sodashi experiences sound the most unique; the products are formulated using biochemistry, aromatherapy and the Ayurvedic principle to nourish, balance and rejuvenate. The compact fitness suite features Technogym equipment (bikes, cross trainer, stepper and elliptical machine), all with internet access and TV monitors, as well as resistance machines, workout accessories and personal trainers on site for assistance: annual membership starts at £1,000.

I have a charming and impeccably-trained therapist named Deirdre who performs one of the best Swedish massages I've ever had; it might not have been one of the most exotic-sounding choices, but sometimes, when you really need your muscles worked, the simplest options are the most effective. The treatment room has its own slate shower, the bed is perfectly heated, and Deirdre is meticulous in checking that everything's up to scratch, from the pressure, to the scent of the oils. On return (and return I will) I'd probably try a Rosewood Sense of Self treatment – a one hour full body massage, one hour facial and a hand and foot treatment – before heading upstairs to the Holborn Dining Room for a portion of lobster mayonnaise. Now *that* makes perfect sense. ■

Swedish massage, £100 for 60 minutes  
Sense Spa, Rosewood London, 252 High Holborn, WC1V







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# WISH list



## PEEKABOO FENDI, WE SEE YOU

Fendi Casa has been designing exquisite furniture since 1989, bringing all the tradition, innovation and elegant taste associated with the Italian fashion house beyond your wardrobe and into your living room. Good news then that Fendi Casa will be opening its very stylish doors on Wigmore Street this summer, specialising in the indulgent furs, precious skins and plush fabrics for which its prêt-à-porter line is renowned. As well as signature furnishings, the team also creates spaces for private residences, including luxury yachts and jets.

87-89 Wigmore Street, W1U



# INTERIORS INSPIRATION



## A TRIBUTE TO DAVID COLLINS

A visual A to Z of Irish architect David Collins' work and influences has been published by Assouline. Presented alphabetically to reveal his myriad influences and inspirations, a bold portfolio of images are included, along with a foreword from his best friend Madonna. Collins set up his eponymous Studio in 1985 and over the next 28 years, he created timeless and beautiful spaces, each of which exhibits a definitive sense of place; whether it's a hotel, restaurant or glamorous residence.

*ABCDCS: David Collins Studio, £50, [assouline.com](http://assouline.com)*

## HANDLE WITH CARE

As all style-conscious homeowners know, the devil is in the detail. Bespoke door handle company Haute Déco brings a touch of flair to its handmade products, which span an impressive portfolio of colours and finishes, including stone textures, pop-art brights and transparent forms. We love the Duchess Lace models in nickel for a modern take on an Art Deco finish and the gem-coloured glass for summer holiday villas.

[doorknobshop.com](http://doorknobshop.com)





## A WOVEN MASTERPIECE

You'll struggle to find a better way to enjoy the beautiful July sunshine than while hosting a summer feast around the Cuba Mocha Oval Table from Indian Ocean. This striking new addition to its Cuba range serves as an elegant centrepiece to any outside space, which, when matched with the Cuba Mocha Sofa Corner or woven loungers, creates an instant, stylish entertaining area. Let's get this party started.

Cuba Oval Table, £1,495 and  
Mocha Sofa Corner, £950  
[indian-ocean.co.uk](http://indian-ocean.co.uk)



## A CULTURED COUCH

If the change of seasons has left you considering an interiors revamp, look no further than Alexandra D Foster's luxury cushion collection. Guaranteed to brighten up your living room, each silk cushion has been individually printed and hand-sewn at one of the most highly regarded mills in northern Italy's picturesque Lake Como. In the spirit of all things 'summer holiday', scenes of Rome, Tokyo and Marrakech are amongst the famous cities Foster has personally selected to adorn the high quality collection.

[alexandradfoster.com](http://alexandradfoster.com)

## AMPHIBIAN ADDITION

If the kids have been begging you for a new room since Christmas, Victoria Cramsie can help you with her hand-drawn wallpaper collection, Which Came First. The prints feature a variety of characters from the animal world, including turtles and ostriches in neutral tones which won't throw out the rest of your decor.

[paperboywallpaper.co.uk](http://paperboywallpaper.co.uk)

## FROM HOLLYWOOD TO LONDON

Furniture inspired by the Golden era of Hollywood will soon be winding its way into London homes in the form of Francis Sultana's entirely new collection, Anita. We love the fur-wrapped pieces which are included in the designer's distinctive compilation of seating, each one contributing both character and cosiness. Ensuring versatility of the furniture was kept in mind throughout the design process, Sultana promises a comfortable and useful addition to any London home – just as long as you're a fur fan!

From £5,400, [francissultana.com](http://francissultana.com)









# More than A WOMAN

*Kari Rosenberg* wants to nominate Priya Paul for her own All-Round Woman of Brilliance award; and not just because of her 11-strong hotel group

I was suffering from some uncharacteristic pre-interview jitters as I headed to The Arts Club to meet hotelier and all-round entrepreneurial force-to-be-reckoned-with, Priya Paul. Just three top gong nomination mentions and you'll understand why: Business Woman of The Year from *The Economic Times of India* (four times!); *Forbes Asia's 50 Women*; and one of India's top entrepreneurs as listed by *Fortune Magazine*. I'm expecting a tough-talking, power-suit wearing rottweiler, and not the soft, smiley and unobtrusively glamorous mum-of-one with whom I am confronted, and spend the next two hours drinking tea and eating sesame-covered biscuits with. "When you're working, you don't think about the rewards," she smiles, totally unphased as I continue to list her design and business plaudits. "They're great to have, but I'm not living for them."

Following the tragic death of her father more than two decades ago, Priya seized the helm of The Park Hotels group at the age of 24, and has since built it up to the 11-strong hotel collection that it is today, with plans to double the portfolio in the next five years. The brand forms the hospitality part of The Apeejay Surrendra Group, a conglomerate run by the Paul family (alongside her siblings) operating in tea (Typhoo), shipping, real estate... the list goes on. But Priya herself is widely recognised for pioneering the first and only luxury boutique hotel concept in India.

"I think in any family business you have to make it work and communicate," she says, carefully. "Whether you're running







The Park, Hyderabad

“a business or a family, it’s pretty much the same dynamic. We’re now in our third or fourth generation [established in 1910] so you find a system of how best to manage it. Over the years we’ve developed some clear family ‘dos and don’ts!’”

Splitting her time between Delhi and Portland Place, conversation immediately turns to issues of women’s rights in India, a subject which has been grabbing headlines of late. “These are issues that I’ve been aware of and following for the last 30 years, ever since I started out in the industry. It’s something I was attuned to growing up. I know that I might be seen as a role model for younger women, so that brings with it ways of mentoring people and [helping] women achieve their full potential.

“Violence against women is a huge issue, and not just in India. There have just been a couple of brutal attacks [in India] recently which have galvanized people. I have friends who have been activists for the past 30 years, but that one night on 16 December 2012 (when a 23-year-old girl was beaten and gang raped in a private bus in Delhi) changed the way everyone fundamentally looked at women. And it’s amazing how that change happened, because now within all the political parties, the safety and security of women is on the agenda; and that’s never happened before. It’s led to a transformation in society. These activists have been trying for years to make women’s rights a talking point. Previously in India, you wouldn’t even have heard the word ‘sex’ mentioned. Unfortunately, it took this one awful incident to shake up the whole system from top to bottom.”

Born into a wealthy family, Priya had a relatively liberal childhood, with parents that empowered her to follow her ambitions. Interning for her father when she was just 15, she went on to receive her Bachelors in Economics from Wellesley College before heading to Harvard Business School and INSEAD. “I always knew I wanted to be in the family business,” she says. “It was very unusual [at the time] because my older cousins really never got into the industry until much later on. My father in particular didn’t put up any barriers. It was quite natural to think that his sons would come into the business, but he was more open-minded in that sense.”

I ask if she felt her fortunate circumstances sheltered or made her a target for discrimination. “It’s not necessarily a rich/poor thing,” she chides. “It’s more about education and a systemic, patriotic way of looking at things. Often women in rural areas are in greater positions of power; in government, changing structures and [pushing] ‘women’s



The Park, Bangalore



The Park, Visakhapatnam



issues'. Sometimes you find really unusual stories from rural India which are totally unexpected; women who are out there fighting for their rights to water, education, things like that." I feel she has more to say on the issue when it comes to relationships closer to home, but we move on to business.

Demographic growth in India is booming within the "magic middle class market", and those are the travellers Priya is hoping to attract. "Almost 70 cities in India have populations of a million plus," she says. "That's what's going to be driving the economy and where a lot of the growth is going to happen in the next ten years. When you have 1.3 billion people and a growing economy, then you have growing consumption. We've tried to own that niche of lifestyle boutique hotels in India. What we want to do is create hotels that become the entertainment hub for that city, too."

With the domestic and international clientele ratio varying from hotel to hotel, Priya does notice a difference in what's expected. "It's interesting that Indian customers expect a lot more service, as most have staff and drivers [at home], so when they go to a hotel, they don't expect anything less. They want food on the premises [at all times] and expect more human contact."

Each hotel is individually created, inspired by the environment and fused with Indian culture. The Chennai outpost is built on a famous film studio backlot, which closed around half a century ago, so the design uses cinema and performance as a starting point for aesthetics. The Park Hyderabad was rated as the 'greenest



The Park, Hyderabad

building' of 2011 by CNN-IBN for its focus on sustainability parameters and awarded as the Best Hotel for Overall Design and Development of 2011 by Hotel Investment Conference South Asia. "I work with a lot of international designers and it's important that they respect the traditions of local people as well as our knowledge and understanding [as hoteliers] of what works," she says. "Then I populate it with artistic elements and colours."

However, this is quite at odds with her own personal tastes, both in her Delhi and London-based offices and homes. "Doing up a hotel is much easier than designing your own space. I find it easier to choose 200 of something than to think of one thing, like one lamp," she says. "That's a

much more excruciating decision! I like very clean, cool, calm spaces. But I collect a lot of stuff like art and books, so my rooms are always populated with a lot of colour. I like a white or neutral shell. My sister recently did up the new offices in Delhi and the whole palette is white on white. I have been there for a year but I haven't put up a single piece of art because I like the peaceful cocoon-like feel." The family also owns around 20 bookstores – "more for the love of books than anything else!" she laughs – but Priya's passion is collecting and commissioning art, both for the hotels and her private enjoyment. She owns more than 2,500 works and handpicks every piece.

Her home in Portland Place has been in the family for around 16 years and she grew up spending her summers there. "My uncle is Lord Paul of Marylebone, so we used to drop into him every year," she says with an air of nonchalance. And now she comes with her husband and nine-year-old son – "It's just a question of shifting base," – maintaining the work-life balance like any other working mother.

"It's my son's school holidays at the moment so I'll spend as much time as I can with him. I've been home every single night chilling out and having dinner. We cuddle up in front of the TV or read." The family structure is quite incredible, as Priya lists the cousins, grandparents, husband and siblings whose support enabled her to return to work just three and a half months after giving birth. "You balance it because both are equally important for your fulfilment. But my rule is this: every day can't be perfect; you can't have a balance every day. Just keep that in mind... and you won't get stressed out." A philosophy worthy of yet another accolade, I think. ■



The Park, Hyderabad



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# WISH *list*

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## BOX FRESH

Although *every* day feels like Christmas when you have a raucous brood under the age of three, getting out to do the Waitrose shop is hard enough, not to mention buying new season wardrobes. Welcome Box Upon A Time, a new childrenswear subscription box that delivers a gift-wrapped bundle of outfits to your door every month, ideal for time-poor mums or one-off present ideas. After filling out a 'fashion profile' questionnaire, ensembles are handpicked by the in-house team of stylists from brands including Marmalade & Mash, Il Gufo and Marie Chantal (pictured), which are then dropped to your home or office, all tied up with a bow.

From 0-3 years  
[boxuponatime.co.uk](http://boxuponatime.co.uk)





# NURSERY NEWS



## WILD AT HEART

Lions and tigers and bunnies, oh my! Bonnie Baby founder Tracey Samuel has designed this season's collection by taking inspiration from her own children's favourite animals. The friendly creature appliques come to life with three-dimensional knitted ears and loveable animated faces and the range includes knitted playsuits, cardigans, sweaters, and dresses in block summery hues of sunshine yellow, ice cream pink and ocean blue. Get ready to go wild.

[bonniebaby.co.uk](http://bonniebaby.co.uk)



Custom made Pretty Princess Castle  
£52,000, [masterwishmakers.com](http://masterwishmakers.com)



## A MAGICAL PLACE

If the thought of Mickey Mouse-filled breakfasts fill you with dread, the Four Seasons is offering a Disney World alternative from August. Guests will benefit from a room within 23 acres of landscaped lakes and protected wetlands, while still being located within the Disney resort itself. Kids can take advantage of the various day camps on offer, and parents are equally well provided for with an 18-hole golf course, tennis courts, a lakeside fitness centre and a strictly adult pool, complete with a poolside cocktail service. If you can't get there this summer, this magical castle will just *have* to do in the meantime.

[fourseasons.com](http://fourseasons.com)





## STRETCH IN SYNC

Proven to provide endless health benefits – as well as boosting emotional, physical and mental wellbeing – it's no wonder yoga has taken the adult exercise world by storm. And now the craze is branching out to juniors. Classes at Yoga Team are suitable for children aged 2-18 and can be taught in groups or on a one-to-one basis either at home or in schools around London.

[yoga-team.co.uk](http://yoga-team.co.uk)

## POTTER MAD

If you spent your school days daydreaming through geography about how much better a timetable of potions and dark arts would be – and mourn the days of queueing outside Waterstones for the latest release – then here's a whole new reason to get excited. Just when you thought the Harry Potter franchise had closed its last chapter, it is being reissued with new artwork, including covers by artist Jonny Duddle, best known for his award-winning picture books *The Pirate Cruncher* and *The Pirates Next Door*. The titles will also include highlights from Pottermore, the wizarding digital platform. While the first two in the series are available to buy, you'll have to wait until 1 September for the rest.



Published by Bloomsbury Children's Books, from £6.99

## THE CAT'S WHISKERS

Channel everyone's favourite feline in some playful but tasteful bling, courtesy of luxury jeweller Mikimoto, who has teamed up with Hello Kitty. Mikimoto's famous pearls are showcased in creative designs reflecting the character's iconic face as well as her signature bow, while other pieces include shaped bangles and chokers. The *pièce de résistance* has to be an elaborate tiara, complete with diamond centre, pearl flowers and jewelled strawberry lockets hiding Hello Kitty figures.

[hellokitty.mikimoto.com](http://hellokitty.mikimoto.com)



## PARENTS CLUB

Sadly, parenting doesn't come with a manual.

Therefore, to help provide a little assistance in this area, children's fashion brand Jacadi has launched its very own club for bewildered mothers and fathers. The Parent's Club will enable members to get together in the comforts of the Jacadi Brompton Road boutique to share opinions, discuss problems and offer advice to one another. Expert professionals will also be on hand and each meeting will focus on a different topic or theme. See the Jacadi website for more information and to register.

[frenchwear.com](http://frenchwear.com)





*An estimated 2.2 billion men  
watched the last world cup...*

1 in 4 of those watching do not seek medical  
advice when faced with a health concern

Early detection is key so if you have a  
health concern, make an appointment  
with your GP as soon as possible

*Ignoring it won't  
make it go away*

The Wellington Hospital has an  
international reputation for excellence in  
healthcare with specialists available in all  
areas of men's health, including prostate  
and testicular cancer.

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# HEALTH & *FITNESS*

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## GOING FOR D'SILVA

With Madonna and Gwyneth Paltrow as clients, we knew the charismatic James D'Silva would give us a workout we'd never forget at his St John's Wood-based studio, Garuda. We tried the hour-long barre class that was both surprisingly sweaty-making and invigorating, in a bid to consciously uncouple our inner thighs, and absolutely loved it. Encompassing the principles of Pilates, pranayama and yoga, coupled with the athleticism of dance, the Garuda way, pioneered by D'Silva, is unique in its use of precision of movement and cardio. D'Silva's booming voice will leave you feeling both motivated and Zen.

Private sessions and bespoke packages available upon request  
26-28 Finchley Road, NW8, [thegaruda.net](http://thegaruda.net)



## PEACE OUT

If you thought hypnotherapy was all “look into my eyes not around my eyes”, you couldn't be more wrong. After two one-hour sessions with the lovely Kirsten Dahlerup, senior partner at The Therapy Lounge, we felt lighter, brighter, and generally happier all week. Totally tailored to the client, whether they want to deal with anxiety issues, self-esteem, weight-loss or addiction, we visited feeling a bit stressed out and down in the dumps. While the first session mainly consisted of general counselling, exploring day-to-day feelings, worries and general coping mechanisms for understanding relationships and how to deal with different personality types, the second instalment taught us to respond to hypnosis, and in the end, hypnotise ourselves. Through deep breathing, picturing walking down stairs into a safe, happy place, and listening to Kirsten's calming and serene voice repeat happy mantras through a headset, it was a cross between more mainstream therapy and yoga-style meditation. With just two sessions leaving us feeling like a totally new person and able to replicate the Zen-like state on the tube on the way home, the result and time-frame varies depending on the person, and the problems. But whatever it is you feel you need help with, be it a one off visit or a bigger commitment, we couldn't recommend Kirsten and her team more highly.

From £95-£300 per session  
While Kirsten is based in Victoria, offices are spread between Regent's Park, Highgate, Harley Street and the surrounding areas, [thetherapylounge.com](http://thetherapylounge.com)



# On your MARKS...

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Consultant Trauma and Orthopaedic Surgeon, Mr Ahmad Malik, discusses the injuries faced by new and experienced triathletes and how best to prevent them





Taking part in a triathlon has become an increasingly popular sport throughout the UK. However, injuries are a common problem for both beginners and experienced triathletes which can hamper training, affect race performance and ultimately take the fun out of the sport.

Injuries can be subdivided into acute traumatic injuries, which happen due to sudden collision or shock, resulting in a minor injury, or the more common overuse injuries, caused by the repetitive use of an area. A recent study revealed that 56 per cent of triathletes suffer from overuse injuries, 20 per cent of which are considered major injuries.

Swimming, cycling and running each present a host of overuse injuries that can occur as a result of overtraining. High running mileage, a history of previous injury, an inadequate warm up or cool down, and an increase in the years of triathlon experience are just a few of the factors. Of the overuse injuries studied, two thirds occurred during running.

Triathlon training puts repetitive stress on muscles, tendons, and the tissues around joints and bones, producing repetitive microtrauma. Overuse injuries occur when the body is unable to keep up with repair of the damage created by repetitive microtrauma. Eventually bone or soft tissues break down resulting in pain, inflammation and loss of function.

Ignoring the pain and by continuing to train, one runs the risk of developing macro trauma, such as stress fractures, tendinopathies and ligament injuries. The worst case scenario is that an injury that could result in weeks or months away from triathlon training and competition and possibly becoming chronic in nature.

#### Treatment for foot and ankle injuries

Common foot and ankle triathlon injuries are:

- Achilles tendon rupture
- Achilles tendinopathy
- Calf muscle injury
- Friction blisters
- High ankle sprain
- Metatarsalgia
- Plantar fasciitis
- Sever's disease
- Shin splints
- Sprained ankle
- Stress fracture
- Superficial calcaneal bursitis – heel bump

Acute soft tissue injuries are typically managed with 'Rest, Ice, Compression, Elevation' (RICE). Acute tendon ruptures and fractures need to be splinted in a cast and may even require surgery. Mild to moderate ankle sprains are extremely common and over 90 per cent will get better with the RICE regime and physiotherapy. Chronic ankle sprains need investigating by a



foot and ankle orthopaedic surgeon and treatment maybe in the form of injections or surgery, depending on the underlying diagnosis and main symptoms.

Plantar fasciitis and Achilles tendinitis are extremely common overuse injuries. Unfortunately, the names are misleading as the "itis" suggests inflammation, which is generally not the case. The problem is most commonly due to "wear and tear" and lack of healing. The majority of patients will benefit from a course of physiotherapy, concentrating on calf stretching exercises amongst other things. Patients with symptoms lasting longer than three months, despite physiotherapy, should seek the advice of a foot and ankle specialist.

The most important aspect of treatment is getting the correct underlying diagnosis. Despite being surgeons, many aim to manage patients non-operatively through advice, referral to the correct specialist and, only when necessary, undertaking interventional procedures.

### MEET the specialist

*Mr Ahmad Malik FRCS is a Consultant Orthopaedic Surgeon specialising in foot and ankle conditions at Buckinghamshire Healthcare NHS Trust and The Wellington Hospital. Originally from Glasgow, he undertook most of his surgical training in London with further specialist foot and ankle training in Sydney and Surrey. He manages all aspects of adult foot and ankle conditions with a particular interest in sports injuries and complex reconstruction.*

#### Injury prevention

Injury prevention is the most effective way of ensuring that you train your hardest in the correct way. For beginners, make sure that you are undertaking a well balanced, gradual and graded training schedule to optimise your performance and minimise your injury risk. Your training should also consider diet, core stability, and muscle strengthening and stretching, which can be given under the expertise of a personal trainer or sports physiotherapist.

For established triathletes wishing to enhance their performance and treat minor injuries, you may wish to consult specialists, such as a sports physiotherapist, sports physician, podiatrist, sports massage therapist, sports dietician or sports psychologist.





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# WISH *list*

## IN BLOOM

Blending social, cultural and gastronomic history, *The Bloomsbury Cookbook* holds more than 170 recipes from members of the influential Bloomsbury Set, accompanied by hundreds of paintings, photographs and quotations. The London Borough of Camden's most important figures in art, literature, politics and economics – including EM Forster, Lytton Strachey, Vanessa Bell and Virginia Woolf – among many others, are captured here, as the reader is invited to dine with and devour this unique tome. From breakfasts at Monk's House, to dinners in the south of France, recreate the tastes, senses and sensibilities of the era.

*The Bloomsbury Cookbook:  
Recipes for Life, Love and Art*  
by Jans Ondaatje Rolls,  
Thames & Hudson, £24.95



Vanessa Bell, *Apples*, 46 Gordon Square  
c.1909–10; Oil on canvas; 71 X 50.8 (28 X 20)  
©Estate of Vanessa Bell, courtesy of Henrietta Garnett  
Photo courtesy of the Charleston Trust



# FOODIE FAVOURITES



## PALOMAR FAITH

Until now, Yotam Ottolenghi has pretty much cornered the modern Israeli food market. But the newly opened Palomar in Soho, which serves the delicacies of modern Jerusalem, is sticking two pittas up at the traditional hummus-shwarma offering. We feasted on raw fish 'Uri' style and hand chopped beef fillet with bulgur, tahini, herbs and pine nuts from the raw bar before moving on to pork belly tagine and a deconstructed kebab, as well as lots of mezze-style surprises. Ten out of ten for atmosphere, service, food and cocktails: Shalom!

34 Rupert Street, W1D



## FROM PUGLIA WITH LOVE

For a refreshing and sometimes indecipherable Bocca di Lupo-style menu, with all the rustic authenticity and homely charm of Portobello's Osteria Basilico, we've just discovered Ostuni, a Queen's Park-based Italian gem dedicated to the cuisine and wines of Puglia. Woodfired meats, pastas, sharing plates and intriguing morsels arrived at the table in quick succession, served by a flamboyant, neck-tie sporting (French) waiter who told us *exactly* what he thought about every daily-changing dish to ensure we made the right choice. The lobster spaghetti and fava bean croquettes were *bellissimo*.

43-45 Lonsdale Road, NW6



## FEELING CRABBY

From the forward-thinking Russian foodies behind Burger & Lobster and Goodman comes Beast, a Norwegian Red King Crab and Angus beef-centered heaven, which charges £75 for a taste. Diners have to share their tables in a Hogwarts-meets-Wagamama-style setting, which doesn't leave much space for shell cracking shrapnel.

3 Chapel Place, W1G

## THE LANES ARE ALIVE

Fischers, the much-anticipated classic Viennese café from Corbin and King, is now, *finally*, open. The menu includes an extensive choice of cured fish, salads, schnitzels, sausages, *brötchen* and sandwiches as well as traditional strudels and *tortes mit schlag*. Just like the old country...

50 Marylebone High Street, W1U





## RESTAURANT REVIEW

## A Cut Above

With the launch of two new summer menus, *Gabrielle Lane* finds out why the buzz around Cut at 45 Park Lane shows no sign of abating



introduction of a lunchtime steak and salad menu, which sees a 6oz filet mignon paired with everything from avocado, blue cheese and butter lettuce, to prosciutto di Parma, raisin compote and basil. Secondly, there's the rather lavish option of hosting a barbecue on the wrap-around terrace of the penthouse suite, offering a menu of Wagyu beef sliders and chicken wings – when you spend £7,194 per night for the room. Next time, perhaps...

What Cut has that you can't put a price on is a great atmosphere. The staff are friendly and the service faultless: "You look like you're having a good time," beamed the waiter, topping up our wine. How could we not? Are-We-Or-Aren't-We had already polished off a succulent pork belly starter, while I stuck delicately to the lightest slivers of scallop with mustard and herb aioli. He'd singled out the Wagyu with a Béarnaise sauce and looked pleased with the result, and I had an unladylike but delicious rib eye with a smoky peppercorn sauce, heaps of spinach warmed with garlic and crispy fries. As you'd expect, the meat was perfectly cooked and the sides generous enough to share. We also joined forces to order a chocolate soufflé for dessert, but they gave us time to digest our mains before the little chocolate cloud emerged from the kitchen in all its fluffy, fine-dining glory.

There was music, mood lighting and a glimpse of the treetops in Hyde Park... he had the location on his side. ■

45 Park Lane, W1  
020 7493 4554  
[dorchestercollection.com/45PL](http://dorchestercollection.com/45PL)

"If you have a good date, you'll write a good review," said Mr Are-We-Or-Aren't-We as we drank Laurent-Perrier at Cut. While there's no telling on the romantic outcome of the evening, Wolfgang Puck's London eatery, set in the glossy surrounds of the 45 Park Lane hotel, certainly made for a grand stage.

Specialising in tender Wagyu beef which, at £84, puts the restaurant firmly at the more extravagant end of London's steak revolution, non steak-lovers have plenty else

to choose from. Pan-roasted lobster served with truffles, steamed salmon Hong Kong-style, tiger prawns, lamb and a selection of salads all looked tempting, even to a couple of seasoned carnivores.

Three years after Cut became Wolfgang Puck's first steakhouse in Europe, following the success of his ventures in Los Angeles, Las Vegas and Singapore, it still has London diners talking, despite the arrival of fellow American imports Hawksmoor and Goodman. This summer it's unveiling two clever twists: firstly, the



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# WISH *list*



## GOING DUTCH

Once home to some of Amsterdam's wealthiest and most influential residents, a row of 17th and 18th century canal-side town houses have been restored to create a new, elegant 93-room hotel, the latest opening from the Waldorf Astoria group. With views out over the UNESCO area of Herengracht, or the beautiful rooftops and gardens of the city, rooms are luxuriously dressed with accents of lapis lazuli and ochre hues, while retaining the historical charm of the original beamed ceilings, sash windows and freestanding baths. Be sure to grab a tittle in the Vault Bar, a former bank vault, as well as experiencing the spa's World Of Guerlain. The *only* way to unwind in 'Dam.

[waldorfastoria.com/amsterdam](http://waldorfastoria.com/amsterdam)





# TRAVEL *IN STYLE*

HOT SPOT *in July*



## SOHO, LONDON

When the sun is shining and the drinks are flowing, there's no need to leave London at all

*why* The lively hub of Soho is the ultimate destination for all things PARTY. 13 July will see the annual Soho Village Fete return, bringing with it food stalls, music, and plenty of colourful entertainment, no doubt – or just head to any one of the regular musicals to get your sing-along fix. The theatrical adaptation of Lars Von Trier's 2006 Danish comedy film, *The Boss of It All*, written by New Perspectives artistic director Jack McNamara, will also open on 2 July at the Soho Theatre. With sunshine predicted all summer long, we know where we'll be heading.

*stay* Set in a three-quarter acre site, with a central tree-filled thoroughfare and Tony Cragg-designed bronze sculpture, the new Ham Yard Hotel is taking centre stage in the heart of Soho. As well as 90 individually designed bedrooms and 24 residential apartments, quirky highlights include hotel group Firmdale's first Soholistic spa (complete with a hypoxic chamber for altitude training), a 190-seat state-of-the-art theatre and an original 1950s bowling alley imported from Texas.

[firmdalehotels.com](http://firmdalehotels.com)





## SOMETHING IN THE WATER

The first stage of a multi-million refurbishment of the five-star Hotel Royal at Evian Resort is to be revealed this month. Its sixth floor has been decadently re-designed with the finest attention to detail and quality, by French designer François Champsaur. With his distinctive talent for playing on the light and volume of spaces, he brings a contemporary essence to the historical soul of this early 20th century building. While luxuriating in the fine furnishings, guests will be able to appreciate the suites' panoramic views of Lake Geneva.

[evianresort.com](http://evianresort.com)



## FOOD FOR THOUGHT

### *Quest for Perfection*

Heston Blumenthal's ambitiously named The Perfectionists' Café has opened in Heathrow's Terminal 2, allowing passengers to begin spoiling themselves before they reach the plane. It's common knowledge that pre-flight cocktails are a necessity before a girl's holiday, but the TV chef has ensured that all ages will be able to indulge. An ice cream parlour, hand pressed juices and pizza's cooked in wood-fired ovens are all available from the cleverly crafted menu. What bikini body?

[theperfectionistscafe.com](http://theperfectionistscafe.com)



## A TRAVELLING PARTNERSHIP

No matter your destination, travel in style this summer with Debrett's and Jodie Kidd's new travel wallet collection. The chic pieces can be purchased in large or small, bright orange or playful pink. A fully leather-lined interior oozes class and sophistication, while the versatility of the wallets means they can be worn across the body or as an evening clutch. Straight from the plane to the party then...

16 Charles Street, W1J  
[debretts.com/debretts-shop](http://debretts.com/debretts-shop)

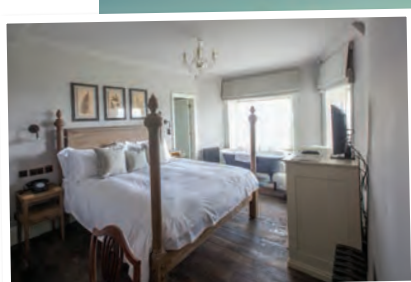


## ANOTHER PIG IN THE LITTER

You might assume that coastline views and ice cream form the perfect relaxation recipe, and you would be right. The newest opening from our favourite farmyard animal-themed hotel brand comes The Pig on the beach, situated on the sandy shores of Studland Bay. A restaurant menu of home-grown delights, sourced from its own fruit cages

and vegetable gardens is just one element that is bound to bring visitors from near and far to the idyllic seaside property. Spend the night in one of the 23 quirky rooms, or fully unwind by taking a stroll across the fields for a massage in the rustic Shepherd's Huts.

[thepighotel.com](http://thepighotel.com)



### *Japan's New Power Couple*

Having beaten the likes of Eleven Madison Park to the top spot on The World's Best Restaurant List (for the fourth time), a table at Noma is one of the hottest around. As of January 2015, the Mandarin Oriental in Tokyo will be housing its very own outpost of Copenhagen's Michelin-starred eatery; if you're lucky enough to fill one of the limited 50 seats, Redzepi will be putting his spin on Japanese ingredients.

[mandarinoriental.com](http://mandarinoriental.com)









# THAT *RIVIERA* TOUCH

*Zoe Strimpel* is spoiled at Domaine de la Baume, Provence, the latest and third opening from the Maison and Hotels Sibuet group

Whether you arrive by plane, boat or train, there is no preparing you for the fierce agricultural beauty surrounding the Domaine de la Baume. Just two hours' drive from the stars of the Riviera – Nice, Cannes, Antibes – this could be a different country entirely. Here the wind roars and the cicadas trill and the hustle and bustle all takes place in the soil, under the truffle oaks and pine trees; the olive trees and vines. The village of Tour Tour (one of *Les Plus Beaux Villages de France*) is just up the road, but the only trace visible from the Domaine is a sand-coloured battlement perched on a hill above the house.

The Domaine is the latest opening from the family-run, ultra-luxe Maison and Hotels Sibuet, whose Jocelyne and Jean-Louis Sibuet see to the restoration of each property themselves – she the interior design and he the craftsmanship. The most recent example of their talent for imaginative restoration, the 400-year old Domaine has been turned into a richly elegant, ever so slightly playful homage to *la gloire* of France's 18th century. Upholstery in swirling pop-art hues, fabulously thick drapery zinging with colour, refurbished local antiques, artisanal tiles, standalone tubs and ornate fabric-covered walls make it both luxurious and rustic, and Jocelyne Sibuet has given each of the 16 rooms and suites a deliciously distinct character – one of the loveliest, a grey-toned set on the ground-floor, is also wheel-chair accessible.

The house still breathes with its turbulent recent history. Until 1999, it served as the art deco retreat of the expressionist painter Bernard Buffet (1928-1999), who in the 1950s was



◆ hailed as one of Europe's most important post-war painters. Later exiled by the art establishment, which (unfairly) ridiculed his work as kitsch and imitative, Buffet bought La Baume in 1986 as an artistic refuge for himself and to take his hedonistic wife Annabel away from the drink and drug-fuelled world of St Tropez. The troubled Buffet – whose live-in lover and patron had once been Pierre Bergé, later Yves Saint Laurent's life and business partner – became something of a recluse at La Baume. He spent his days inhaling inspiration from the landscape then holing up in his studio, churning out impassioned depictions of the region and its people. In fact, his paintings are spikily beautiful and are – at last – being rediscovered by art historians.

Many of Buffet's paintings depict wild views from the Domaine's rooms and the best continue to be visible from the splendid Annabel, the suite we occupied. Most rooms at La Baume have balconies: Annabel has three very generous ones, accessible from the living room, bedroom and bathroom. Two look over the horse-dotted valley towards the mountains, while the bathroom's sun-drenched terrace (a soak with a view, anyone?) faces the property's beautiful gardens and the hill of Tour Tour. La Baume's wifi is tremendous, reliably working outdoors and in, so if you do need to work, there are worse ways to do so than sitting out with these views and a glass of the estate's own wine.

And if you hanker for human bustle, Tour Tour has a wonderful 11th century church, a staggering panoramic view and a charming jewellery shop. Seven kilometres in the other direction is the slightly bigger Aups (pronounced Zow in Provençal), which also has Medieval treasures. La Baume also has a nice set of mountain bikes which make for a beautiful ride, but I'm not sure I'd advise leaving the property. The 20m pool, with its columned, Classical stone cabana, cyprus trees and lush views, invites you to spend hours lazing by its side. The spa, all white-painted wood and copper, chalky tiles and grey cushions, is a few steps up the stone path in a cottage bordering the tennis courts. It's got two rooms, but you can also have treatments in a secluded little gazebo up by a woodland waterfall. Products are all from Jocelyne Sibuet's own line, Pure Altitude, made from mountain goodies that smell of pine needles and strawberries. The chief therapist, formerly of the region's Four Seasons, gave me a firm and intuitive back massage and a facial that used a variety of drainage and circulation techniques, including massage, hot stones, cold compresses and rollers. My skin drank in treat after treat of toner, serum and mask from the dynamic Pure Altitude collection (of which generous samples are in all the rooms). When it was over, I looked as though I'd awoken from a twelve-hour sleep. The spa menu also includes a range of body treatments using herbal compresses and scrubs that showcase the impressive and decadent products.

Then there's the food. This might be the chief reason not to leave – you can't miss the loveliness of the slow breakfast in the sunshine, with fig bread, local goat's cheese and jams, creamy eggs and coffee served in a silver chalice.

But lunch and dinner reminded me of why the French always have and always will rule when it comes to matters of the stomach. Dinner starts with *apéritif*







#### NEED TO KNOW

Two people sharing a Classic room starts from €440 per night at Domaine de la Baume, including breakfast, apéritif and dinner

The hotel is 100km from Nice, and 30km from Les Arcs Draguignan train station, accessible by regular trains from Nice or by high speed links from Paris. The hotel can arrange transfers from Les Arcs, though car rental there or in Nice is advised.

hour: a table is set up inside or out, depending on weather, with a silver bucket full of the Domaine's own rosé and white, accompanied by jars and boards full of roasted local vegetables, chèvre and prosciutto. As the sun drops behind the mountains, guests retreat to the Louis XV-style chairs of the intimate dining room, scented by the Domaine's own olive oil set in open bottles on each table (both the estate's olive oil and the wine are for sale).

There are no menus here; instead, we were explained the options (two starters and desserts, four mains) by quite possibly the world's most gorgeous woman. She wore her simple outfit – a beige skirt and white blouse – as if it were haute couture and, despite being brand new to the Domaine, she had already passionately memorised each and every detail from the kitchen. Gorgeous staff aside – and they're all lovely – it's worth staying an extra night for another chance to dine. Roast veal was pink and melting while duck was rich and unctuous, but it was a good thing we didn't have to miss the fish: cottony local varieties (dorade; merlon; sea bass) served with burstingly fragrant vegetables and silky-smooth potato purees. Actually, you could stick to vegetables here and never tire; everything from a thick cold courgette soup topped with cream to a salad of roast tomatoes and mozzarella delighted. This land brings forth fine fruits indeed.

The Domaine is both chic and comfortable, exclusive and friendly. It is the ideal bolthole for anyone in need of the balm of nature combined with the finest that civilisation has to offer. *C'est vraiment super.* ■



# LISTING

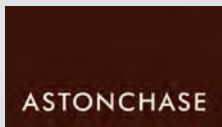
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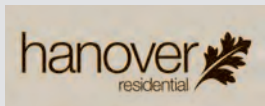


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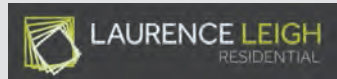
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## Hanover Terrace, Regent's Park NW1 Nash Terrace in Regent's Park

4 bedrooms (one with dressing room), 4 bathrooms, reception room, balcony, dining room, kitchen, media room, gym, courtyard, lift, rear garden. Mews house including sitting room, dining room, kitchen, bedroom, family bathroom, study, staff kitchen and garage. EPC rating D. Approximately 613 sq m (6,602 sq ft)

Leasehold approximately 107 years and 5 months

Guide price: £21,000,000

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[KnightFrank.co.uk/st-johns-wood](https://knightfrank.co.uk/st-johns-wood)  
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# Vale of Influence

Rose Holden, associate director and sales manager of Marsh & Parsons' Little Venice office, is looking forward to a more stable and sustainable year for property prices



**A** change is as good as a rest. In the first quarter of 2014, prices rose at an extraordinary rate, with buyers fiercely competing to secure property in a highly charged market. This chronic lack of supply led to some of the most rapid capital growth we've ever seen in London. To illustrate, a 700 sq ft raised ground floor flat in a Victorian conversion on Elgin Avenue



saw an increase in value of five per cent in the first three months of the year, which in this case equated to £35,000. However, this imbalance of supply and demand finally seems to be easing and the London property market is thankfully, starting to calm. I believe this is a welcome change for the market as a whole.

To be clear, London is not in a bubble waiting to burst. Property price growth will continue throughout 2014, albeit at a much slower rate than the first two quarters of the year, but there will now be more measured trading conditions, in which panic buying and multiple bids will play a reduced role. This is also good news for our sellers in Maida Vale, who are invariably trading up to neighbouring areas such as Queen's Park, Kensal Rise or Willesden Green, where they'll now find there is much more choice for their onward purchase.

Buyers may want to look towards a three-bedroom, two-bathroom maisonette we have for sale on Blomfield Road, Maida Vale (REF LVE120086) which has an asking price of £2,350,000; it's a beautiful, interior designed apartment situated on the upper

floors of an imposing period house in the heart of Little Venice with views over Regent's Canal and the communal gardens. Blomfield Road is a sought after address ideally located for the fantastic array of local amenities on Formosa Street and Clifton Road with excellent proximity to fantastic transport links including Maida Vale and Warwick Avenue underground stations and Paddington Station with its national connections.

Buyers, sellers and estate agents can take a breather and a well-earned rest from the unbelievable pace we saw earlier this year. A return to a more stable, and more importantly sustainable, property market, in which we're still achieving incredible prices for our clients, points to a much healthier outlook for London. ■

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# MARLBOROUGH PLACE

ST JOHN'S WOOD NW8

---



A very rare opportunity to acquire an exceptional and truly unique period Villa (432sq m/4,654sq ft), featuring stunning vaulted formal rooms that are well complemented by a large contemporary open plan living area and an equally impressive indoor swimming pool complex.





FREEHOLD

JOINT SOLE AGENTS

£8,950,000

**Accommodation & Amenities:**

Principal Bedroom with En-Suite Bathroom and Dressing Room, Two Further Bedrooms, Two Further En-Suite Bathrooms, Vaulted Reception Room, Galleried Sitting Area, Family Room, Reception Hall, Dining Room, Kitchen, Utility Room, Guest Cloakroom, Staff Bedroom with Kitchenette, Large Indoor Swimming Pool, 80ft Garden, Courtyard, Off Street Parking for Three Cars, Garage.



St John's Wood  
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RANULF ROAD  
LONDON NW2

FREEHOLD  
£3,999,500

JOINT SOLE AGENT

An impressive seven bedroom, double fronted detached family house, arranged predominantly over three floors (450sq m/4,844sq ft) and presented in beautiful condition throughout. With exceptional well-proportioned entertaining rooms and benefiting from a stunning 172ft south facing meadow-like rear garden, off street parking and double length garage.

#### ACCOMMODATION AND AMENITIES

Principal bedroom with en-suite bathroom and dressing room, 6 further bedrooms, 2 further bathrooms, 45ft dining room interconnecting with drawing room, family room, 28ft kitchen/breakfast room, 4 guest cloakrooms, gym/playroom, wine cellar plus additional storage, utility room, 172ft landscaped rear south facing garden, double length high ceiling garage, further off street parking, residents parking permits available. EPC=F.





**PARK VILLAGE WEST  
REGENT'S PARK NW1**

**LEASEHOLD  
£5,950,000**

JOINT SOLE AGENTS

A rare opportunity to acquire an imposing detached Nash villa (386sq m/ 4,160sq ft), well situated in this sought after enclave moments from Regent's Park. This well presented home is arranged over just three floors and could benefit from being updated. Providing well balanced and light accommodation, the property also features a double length garage, additional off street parking and a private south facing paved garden.

**ACCOMMODATION AND AMENITIES**

Principal bedroom with en-suite dressing room & bathroom, 4 further bedrooms (2 with en-suite bathrooms), further dressing room, study, double length drawing room, dining room, kitchen, utility room, reception room, guest cloakroom, landscaped side and rear gardens, off street parking, double garage, large basement storage. EPC=F.



# Parkheath

*Sold on Service*



## Buckland Crescent NW3

**£1,590,000**

A smart and contemporary raised ground floor apartment within a signature Belsize Park stucco villa, well placed for travel links into central London.

1170 sq ft/109 sq m  
25' reception  
2 double bedrooms  
Floor to ceiling windows  
Retained period features

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[nw6@parkheath.com](mailto:nw6@parkheath.com)

West Hampstead  
020 7794 7111  
[192@parkheath.com](mailto:192@parkheath.com)

Property Management  
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[pm@parkheath.com](mailto:pm@parkheath.com)

Belsize Park  
020 7431 1234  
[nw3@parkheath.com](mailto:nw3@parkheath.com)

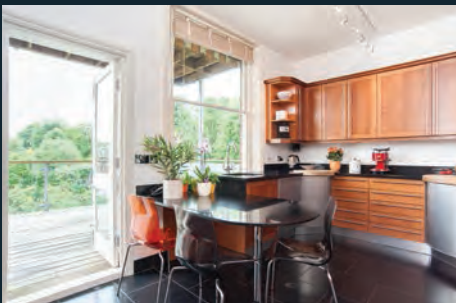
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[kt@parkheath.com](mailto:kt@parkheath.com)

Head Office  
020 7794 7111  
[headoffice@parkheath.com](mailto:headoffice@parkheath.com)



# Parkheath

*Sold on Service*



## Lyndhurst Gardens NW3

**£1,925,000**

With views over London, and an attractive decked terrace, a stylish second floor apartment of over 1500 sq ft, forming part of a double-fronted detached Belsize residence.

1510 sq ft/140 sq m  
31' dual aspect reception  
3 double bedrooms  
South-west facing terrace  
Sought-after location

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mh6@parkheath.com

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020 7794 7111  
192@parkheath.com

Property Management  
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Kentish Town  
020 7485 0400  
kt@parkheath.com

Head Office  
020 7794 7111  
headoffice@parkheath.com



# Parkheath

*Sold on Service*



## Burrard Road NW6

*£1,450,000*

In a quiet residential West Hampstead road close to excellent local schools and transport links, an attractive family house with south-facing garden.

1497 sq ft/139 sq m  
25'9 double reception  
4 double bedrooms  
17'6 kitchen/dining room  
44' garden

Contact West Hampstead Office  
020 7794 7111

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020 7625 4567  
[nw6@parkheath.com](mailto:nw6@parkheath.com)

West Hampstead  
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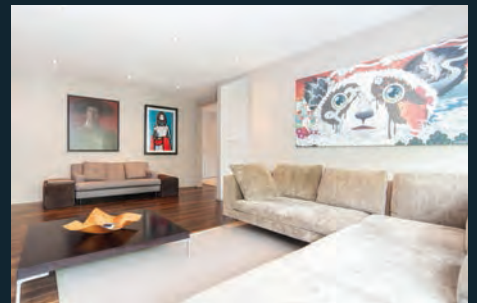
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Head Office  
020 7794 7111  
[headoffice@parkheath.com](mailto:headoffice@parkheath.com)



# Parkheath

*Sold on Service*



## Kidderpore Gardens NW3

**£1,750,000**

Situated in the exclusive area around the Hampstead 'Crofts' a magnificent second floor apartment within an imposing semi-detached period residence.

1357 sq ft/126 sq m  
20'9 reception  
3 double bedrooms  
Architect-designed interior  
Sought after Hampstead location

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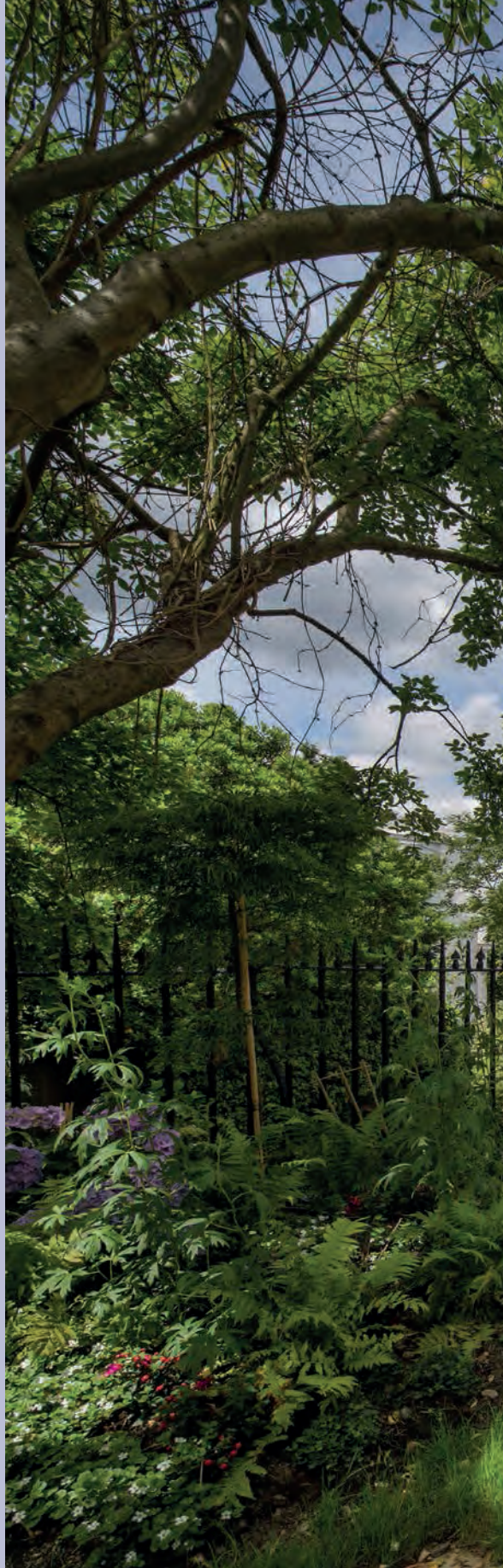
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# SPANIARDS END

HAMPSTEAD NW3

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3 BEDROOMS, 2 BATHROOMS, 1 SHOWER ROOM, STUDY/BEDROOM 4, DOUBLE RECEPTION ROOM, KITCHEN/BREAKFAST ROOM, GUEST CLOAKROOM, GARAGE.

FREEHOLD

SOLE AGENTS

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# KING OF THE HILL



Just a short stroll from the quaint, leafy Primrose Hill Village, with its wide selection of bespoke shops, boutiques, restaurants and cafes, is a newly refurbished detached residence on the sought after Elsworthy Road. Backing directly on to stunning communal gardens of approximately 1.2 acres – just in time for summer – the imposing house of some 9,567 sq ft has been built to the highest of specifications, offering an exceptional and contemporary space, ideal for entertaining and stylish family living.

As well as gated off-street parking for up to three cars, a private landscaped rear garden and a magnificent principal bedroom suite with ‘his and hers’ en-suite bath and shower rooms and a large beautifully decorated dressing room, the extensive leisure complex is complete with a 10m indoor pool, spa, sauna, steam room and gym. Add to that a cinema room, games room, playroom, four further bedrooms with en-suite bathrooms, drawing room, dining room, kitchen and morning room... and you’ll never want to leave.





ELSWORTHY ROAD, NW3

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## Grove End Road St John's Wood, NW8

Sole Agent

A substantial detached low built house with carriage driveway, offering approximately 7,274 sq ft of lateral accommodation. The property offers front and rear gardens, off street parking for several cars behind electric gates, double garage, 7 bedrooms, 7 bathrooms (en-suite), drawing room, reception room and dining room, Mark Wilkinson kitchen and separate commercial kitchen.

**£14,950,000 Freehold /  
£8,000 per week**

### West End Office

31a Thayer Street, Marylebone, London, W1U 2QS

**020 3540 5990**

[info@hanover-residential.com](mailto:info@hanover-residential.com)

[hanover-residential.com](http://hanover-residential.com)

### St Johns Wood Office

102 St John's Wood Terrace, London NW8 6PL

**020 7722 2223**

[info@hanover-residential.com](mailto:info@hanover-residential.com)

[hanover-residential.com](http://hanover-residential.com)





## North Gate St John's Wood, NW8

A beautifully presented family apartment (3,384 sq ft / 314 sq m) situated on the lower ground floor of this prestigious mansion block on Prince Albert Road. The apartment is offered in immaculate condition and offers impressive and flexible entertaining space featuring four generous reception rooms, four bedrooms, three bathrooms, kitchen/breakfast room, utility room and benefits from having its own private entrance giving. North Gate benefits from 24 hour portage, limited off street parking for two cars and communal gardens and is located opposite Regents Park as well as St Johns Wood High Street.

Joint Sole Agent

**£4,000,000 Leasehold**





## Hillside Close St John's Wood, NW8

An opportunity to acquire a low-built detached family home with double garage and rear garden, quietly situated in this private gated development of only six houses in St John's Wood. The house, which offers bright and well planned accommodation has the added benefit of planning permission to extend the house to approximately 2,650 sq ft with a single storey extension to the side and rear of the property. Plans available upon request.

Joint Sole Agent

**£4,500,000 Freehold**



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## Apsley House St John's Wood, NW8

A beautifully refurbished three bedroom, two bathroom apartment (1,333 sq ft / 124 sq m) situated on the sixth floor of this highly regarded block in the heart of St Johns Wood. The accommodation is well planned featuring a stunning 24'5 reception room, separate kitchen and master bedroom with dressing area and en-suite bathroom. This bright apartment is quietly situated to the rear of the building and has the added benefit of a secure parking space, guest wc, double glazed sash windows, wooden flooring and a long lease. Apsley House benefits from 24 hour porterage, passenger lift and communal garden and is located in close proximity to St Johns Wood underground station and High Street.

Joint Sole Agent

**£2,275,000 Leasehold**



## Belsize Road West Hampstead, NW6

A four/five bedroom semi-detached family home well maintained by the present owners offering approximately 2,392 sq ft of flexible accommodation. The house offers generous reception and entertaining areas, off-street parking for two cars, integral garage and a private rear garden. The property is well situated for the shopping amenities of Swiss Cottage and both West Hampstead and Kilburn High Road underground stations (Jubilee line), whilst the American School in St Johns Wood and Regent's Park are located within easy reach.

Joint Sole Agent

**£2,295,000 Freehold**



## Blomfield Road Maida Vale, W9

This well proportioned and beautifully presented three bedroom apartment occupies the top two floors of this period conversion. The property comprises of an open plan kitchen/reception room set across the entire top floor of the building, with the second floor consisting of a principal bedroom with en-suite bathroom, second double bedroom, study/third bedroom and a family bathroom. Situated on the corner of Clifton Villas and Blomfield Road the apartment has good views over Regents Canal and access to secluded communal gardens. Located within a few moments walk of Warwick Avenue underground station (Bakerloo Line) and the shops, restaurants & cafes of Little Venice. Paddington main line services including the Heathrow express is also nearby.

Main Agent

**£2,350,000 Leasehold**



## Harley House Marylebone, NW1

This magnificent three double bedroom, two bathroom apartment benefits from plenty of light and excellent ceiling heights. With an impressive reception room and spacious fully fitted modern eat in kitchen this expansive 1559 sq ft (144.83 sq m) apartment is offered in excellent condition. Harley House is one of the grandest residential innovations of the Edwardian era and benefits from 24 hour portorage and a modern well equipped private gym within the block superbly located a short walk from the apartment. This beautiful building in Marylebone is just moments away from the shops and restaurants of Marylebone High Street and the green open spaces of Regent's Park.

Joint Sole Agent

**£2,450,000 Leasehold**



West End Office

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## West Heath Close, Hampstead NW3

Situated within this exclusive cul-de-sac behind a large carriage driveway with parking for numerous cars (plus a garage), an imposing and beautifully refurbished double fronted detached house. The accommodation currently offers 4,867 sq ft over two floors only, plus a further 800 sq ft in the loft which has planning consent to convert in to additional bedroom suites.

Currently the property offers a particularly large master bedroom suite with en-suite dressing area and bathroom as well as a large balcony, plus two further bedroom suites, a 42'x22' double reception room including formal dining and drawing room, television room, a magnificent custom made 32' kitchen/breakfast room opening up to a newly extended and beautifully designed contemporary conservatory/family room with bi-fold doors leading out to a secluded 75ft rear garden.



**GUIDE PRICE £5,950,000**  
**EPC: E**  
**FREEHOLD**  
**SOLE AGENT**







## Stormont Road, Kenwood N6

In this exclusive road, a beautifully presented 3,459 sq ft semi-detached five bedroom period house set back from the road behind a gravelled driveway providing off street parking for two to three cars.

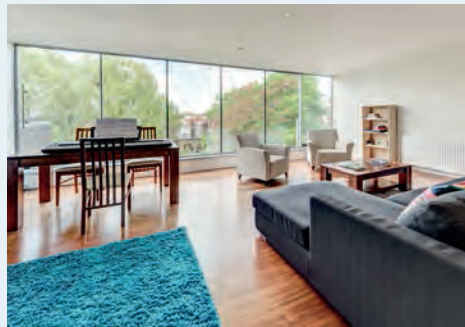
This three storey bright family home is offered for sale in excellent decorative order throughout, providing three reception rooms on the ground floor including a lovely conservatory, a Mark Wilkinson kitchen breakfast room, and access on to a beautiful and mature 72' rear garden. A particular feature of the house is the double volume central hallway and the added benefit of both a basement and a loft which could easily be extended to provide a media room and gym as well as further bedroom accommodation subject to the usual consents. Stormont Road is located between Kenwood and Highgate (with its excellent cafe's, restaurants and specialist shops) and right opposite the open expanses of the Heath and the Kenwood Estate.



**GUIDE PRICE £4,250,000**  
**EPC: E**  
**FREEHOLD**  
**JOINT SOLE AGENT**

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## Penthouse Apartment, Belsize Park NW3

An eye-catching top floor four bedroom, three bathroom duplex penthouse apartment (2,436 sq ft) complemented by access to three terraces providing wonderful far reaching views across both Central London and Hampstead Heath, with the additional benefit of designated underground parking for two cars and a passenger lift.

Comprising a spacious master suite, three further bedrooms of which one has an en suite bathroom and two spacious reception rooms with floor to ceiling glass panel walls.

The apartment is conveniently situated providing easy access to the local amenities of both Belsize Park (Northern Line) and England's Lane as well as the vast open spaces of Primrose Hill and Hampstead Heath.



**£2,999,999**  
**EPC: C**  
**SHARE OF FREEHOLD**  
**SOLE AGENT**







## Duplex Apartment, Hampstead NW3

An interior designed three/four bedroom home offers nearly 3,600 sq ft arranged over ground and first floor and is offered for sale in excellent decorative condition.

The ground floor offers a 30' drawing room which leads directly on to a beautifully planted 45' private south facing roof terrace with water feature, an elegant 22' dining room, comprehensive Poggenpohl designed kitchen/breakfast room, striking entrance lobby with a custom designed stone staircase leading up to the first floor. This level provides master bedroom with en suite bathroom and dressing room and balcony, second suite with dressing room and bathroom, third bedroom suite, TV room/bedroom four and utility room.

There is secure underground parking for two/three cars, lift access to all floors and half day portorage.



**GUIDE PRICE £5,000,000**

**EPC: B**

**SHARE OF FREEHOLD**

**JOINT SOLE AGENT**

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## Eyre Court, NW8

A fabulous, lateral apartment spanning over 1,800 sq ft of flexible living space situated on the 2nd floor of this prestigious, portered mansion block at the heart of St John's Wood. The flat comprises of four bedrooms, three bathrooms, two reception rooms and a spacious kitchen/breakfast room. Eyre Court is a well established, luxury block set behind a deep, landscaped carriage driveway. The existing leasehold term is 999 years from 1998. **EPC: D**

**£2,750,000 Leasehold**

- Four bedrooms
- Two reception rooms
- Three bathrooms
- Lift
- Porter
- 1,819 Sq Ft

**Hamptons St John's Wood Office**

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## Fitzjohns Avenue, NW3

The Dutch House is a landmark in Hampstead, occupying a prominent position on the junction of Prince Arthur Road & Fitzjohns Avenue, at the heart of the Village. The detached house offers more than 5,200 sq ft of extremely elegant space. There is a large basement with planning permission to further excavate and a separate scheme to convert the house into two self contained units. The house is surrounded by walled gardens with off street parking & an integral garage. **EPC:D**

**Guide Price £8,000,000 Freehold**

- Six bedrooms
- Four bathrooms
- Three reception rooms
- Kitchen/breakfast room
- Gardens to three sides
- Integral garage









## Goldhurst Terrace, South Hampstead, **NW6**

A magnificent and well proportioned, double fronted Victorian house situated on this desirable road in South Hampstead. The house, which boasts an abundance of period features including wonderful high ceilings and feature fireplaces, is arranged over three floors and comprises approximately 3900 sq ft/362 sq m of internal accommodation. There is a magnificent 120ft/36m south facing rear garden and a front driveway with off street parking for up to five cars. The property is conveniently located for numerous local schools, the O2 Centre and both Finchley Road and West Hampstead tube stations (Jubilee Line) are close by. EPC – E

Freehold

Asking Price: **£3,950,000**

Sole Agent



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Pimlico & Westminster

Barnes

Brook Green

Clapham

Fulham

Kensington

North Kensington

South Kensington



## Brendon Street W1 £2,350,000

This exceptional three-bedroom period house is located in a quiet street on the west side of Marylebone. The accommodation comprises a reception room on the raised ground floor with full width windows leading out to an east-facing terrace, a spacious and well fitted kitchen with separate utility area to the front, a study/dining room leading out to a patio garden. Further benefits include a superb roof terrace. Freehold. EPC=E. **Sole Agents.**

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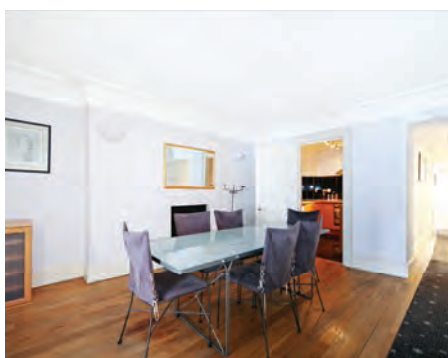
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MARSH & PARSONS

SALES



## Princes Street W1 £1,400,000

This spacious flat is set on the second floor of a fine period building. It has been converted to provide spacious and well laid out living accommodation for those who like to entertain. At the front is a lovely full width drawing room, which faces south. The kitchen is reached through the expansive dining hallway, to the rear is the bedroom, bathroom and a spacious dressing room/study. Freehold. EPC=E. **Sole Agents.**

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The Negotiator Awards 2013 - Silver

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Sunday Times Estate Agency of the Year 2013 (Medium) - Gold  
(for the 4th year running!)



## Warwick Avenue W9 £1,350,000

This exceptional apartment is set within an imposing period conversion, offering superb accommodation, which has been recently refurbished to exacting standards. The property boasts a spacious dual-aspect reception room with a feature fireplace and a separate kitchen/breakfast room with integrated appliances. Further accommodation comprises a master bedroom with a sumptuous en suite bathroom, two further double bedrooms and a beautiful shower room. Leasehold. EPC=E. **Sole Agents.**

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## Ashworth Mansions W9 £1,300,000

This stunning first floor apartment boasts lovely communal gardens and is situated in the sought after Ashworth Mansions. Positioned on the first floor, the well presented accommodation comprises a reception room leading onto a private balcony, a modern well appointed kitchen, a sumptuous master bedroom to the rear with a lovely en suite shower room, two further double bedrooms, a family bathroom and a separate guest cloak room. Leasehold. EPC=C. **Sole Agents.**

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